



August 2022 Learning Forum



KPQC/KDHE Site Visits



Maternal Mental Health

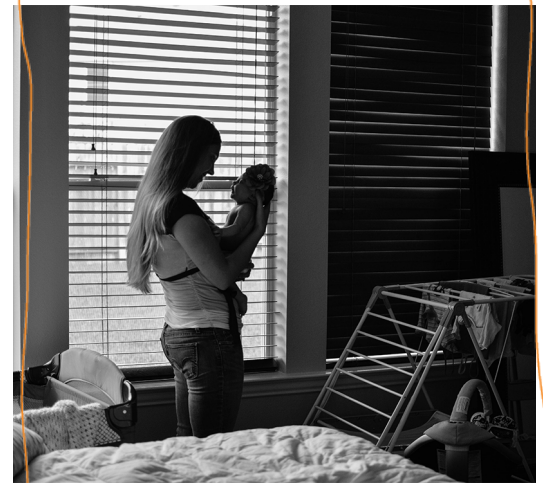
As of 9/30/22, all FTI facilities/centers will be included in Kansas Connecting Communities technical assistance.

Current FTI MMH Technical Assistance Facilities/Centers - No changes!

- ✓ Continue to submit screening data quarterly for CQI & receive stipend.
- ✓ Continue to complete annual surveys.
- ✓ Continue to participate in training & TA events.

All other FTI Facilities/Centers - Now will have access to...

- ✓ Small group technical assistance workshops that delve into specific pieces of screening implementation, including policy development, referral process, and patient interventions.
- ✓ One-on-one technical assistance as needed to implement perinatal behavioral health screening at your organization.
- ✓ Option to provide KCC with quarterly screening data and receive a \$500/quarter stipend for submitting data and engaging in data-driven continuous quality improvement.
 - *Limited stipends are available, so if you're interested, let us know ASAP!*



Have questions?
Email kcc@ku.edu

KCC Data Due Dates



Now



***ONLY for facilities/centers currently submitting
quarterly screening data!***

Due by Friday, September 16th

- Year 5 Clinic Acknowledgement
- Watch for an email from KCC with the link or use the QR code to complete!



Soon



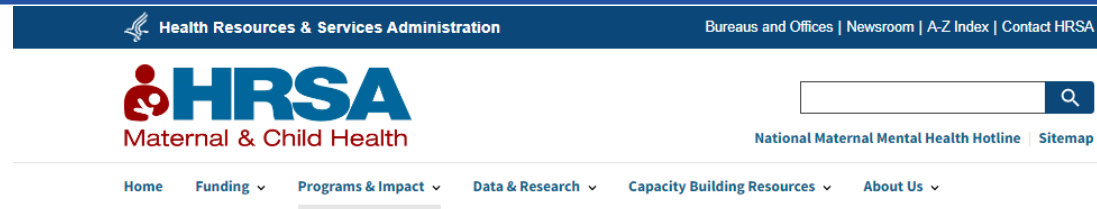
October 2022 - JBS Annual survey

- Required for our federal grant funding
- Provides our funders with feedback about your experience with KCC
- There will be an incentive for completing the survey

November 2022 - TA Needs Assessment

- We use this feedback to plan topics for training and TA sessions throughout the year

Rapid Response: *MMH*



[Home](#) » [1-833-9-HELP4MOMS](#) – National Maternal Mental Health Hotline

1-833-9-HELP4MOMS – National Maternal Mental Health Hotline

[Leer en español](#)



24/7, Free, Confidential Hotline for Pregnant and New Moms in English and Spanish

The National Maternal Mental Health Hotline can help. Call or text 1-833-9-HELP4MOMS (1-833-943-5746). TTY users can use a preferred relay service or dial 711 and then 1-833-943-5746.

⚠ If you are in suicidal crisis, please call or text 1-800-273-TALK (1-800-273-8255) or visit the [National Suicide Prevention Lifeline website](#).

Rapid Response: *EMS Triage*

Heather Scrutun update: Spoke with

- **Joe House, Director of Kansas Board of EMS**

Have agreed to include a simple screening question:

“Are you pregnant now or have you been pregnant in the past 12 months?”

+ will prompt the EMT/paramedic to inform the accepting provider in the ED





Additional Resources

Postpartum Support International (PSI)

This organization promotes awareness, prevention, and treatment of mental health disorders that impact mothers and fathers during pregnancy and the 12-month postpartum period. PSI offers a toll-free Help Line, online support groups, connections to Support Coordinators in Kansas, and resources.

Website: postpartum.net

Family Advisory Council

Made up of family members and consumers who are interested in helping drive change to maternal and child health services and inform programs for women, children, and families.

Website: kansasmch.org/fac-about.asp

Infant-Toddler Services

A variety of services are available for infants and toddlers with developmental delays or disabilities, ages birth through 36 months, and their families. Services are free of cost and available statewide.

Website: kdhe.ks.gov/677/Infant-Toddler-Services

Special Health Care Needs

Special Health Care Needs is here to help if your child has special medical needs.

Website: kdhe.ks.gov/747/Special-Health-Care-Needs

Supporting You

Helps families connect with a peer who has experienced a similar situation and/or circumstance in life. Learn more about what peer support could do for you.

Website: supportingyou@ks.gov

Didn't find what you were looking for?
Check out the links below to help you find resources and services available in your area.

1-800-CHILDREN

1-800-CHILDREN staff are in your corner providing anonymous, judgment-free support. Families can easily connect with the information, local resources, and support they need 24/7 even if what they need is just a listening ear. No question is off limits! 1-800-CHILDREN is available in English, Spanish and 200 additional languages.

In addition to calling, you can reach 1-800-CHILDREN by sending a text or email to: 1800Children@ks.org.

1800ChildrenKS.org is a searchable database of statewide resources. Find the 1800ChildrenKS app in your phone app store for a mobile friendly version of the resource database.

Kansas Quality Network (KQN)

Provided by the Kansas Department for Children and Families with information about services for children and families. This includes child care assistance, food assistance, Temporary Assistance for Needy Families, and early childhood education programs. KQN also supports parents with information about how to choose child care that goes beyond health and safety.

Website: ksqualitynetwork.org/



For questions about or ordering information for this brochure, email kdhe.newbornscreening@ks.gov or

Guide to Kansas Family Supports

Programs & Organizations to Support You & Your Family



Rapid Response: New KDHE resource!

Prenatal Resources

Becoming A Mom®

Becoming a Mom® is a free prenatal education program, utilizing the March of Dimes Becoming a Mom curriculum, that helps pregnant women learn all they need to know about pregnancy and how to improve their chances of having a healthy baby!

Website: kdhe.ks.gov/1836/Information-For-Interested-Pregnant-Pers

Women, Infants & Children (WIC)**

WIC is a free nutrition program that helps pregnant women, new moms, infants and children up to age 5 with supplemental foods, breastfeeding support and access to nutrition education. WIC offices are located throughout the state.

Website: kdhe.ks.gov/1000/Nutrition-WIC-Services

KanCare**

KanCare ensures that pregnant women and families with children receive the preventative services and screening they need and provide ongoing support with managing chronic conditions.

Website: kancare.ks.gov

Home Visiting**

Kansas Home Visiting is free & flexible! Home Visiting programs are as unique as the families they serve. All Kansas families with pregnant mothers and/or with children ages birth to five years, can participate in our programs.

Website: kshomevisiting.org/

Children & Family Resources (Birth to 18 Years)

Breastfeeding

Breastfeeding information for parents & searchable directory to find local breastfeeding support.

Website: ksbreastfeeding.org/resources/

Newborn Screening

Kansas is one of 3 states in the country to provide free universal newborn (bloodspot) screening. To learn more information about programs under Newborn Screening, visit our website.

Website: kdhe.ks.gov/NewbornScreening

Sound Beginnings - Early Hearing Detection & Intervention (EHDI)

Ensures that newborns complete the hearing screening process and provides resources to families of a child newly identified deaf or hard of hearing.

Website: www.soundbeginnings.org

Safe Kids

Simple safety steps can make sure bumps and bruises don't turn into more disabling injuries or death.

Website: www.safekidskansas.org/

Safe Sleep

Safe Sleep is as easy as ABC (Alone, Back, Crib). Learn more about infant safe sleep environments on our website.

Website: safesleepkansas.org/

Immunize Kansas Coalition

For information on immunizations and the immunization schedule from birth through 18 years of age.

Website: immunizekansascoalition.org/parents.asp

Child Care Aware

To see a full list of licensed child care providers in your area, visit our website.

Website: ks.childcareaware.org/child-care-search/

Kansas Birth Certificates

Kansas birth certificates are the basis for identification and are needed for enrollment for school, sports, insurance, and day care.

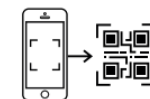
Website: kdhe.ks.gov/1186/Birth-Certificate

Kansas Head Start/Early Head Start

Kansas Head Start/Early Head Start programs promote the school readiness of infants, toddlers, and preschool-aged children. Services are provided in a variety of settings including centers, family child care, and home visits. Head Start programs also engage parents or other key family members in positive relationships, with a focus on family wellbeing.

Website: www.ksheadstart.org/

***Please note these programs are available to women and families after the prenatal period as well.*



For more information on any of these programs, visit their website or scan the QR code with your smartphone.

- For digital copies: Terrah
- For printed copies: Drew
(Drew.Duncan@ks.gov)

MMH Update



KPQC

Fourth Trimester Initiative

Cohort Summary Y4 Q2

January 1-March 30, 2022

KANSAS
CONNECTING
COMMUNITIES

Maternal Mental Health

- Maternal Mental Health TA sites saw **1,692** patients for delivery.
- **Community HealthCare System** joined the MMH TA cohort!
- **17 providers** representing **11 FTI sites** attended Kansas Moms In Mind (KMIM) Case Consultation Clinic sessions.
- **4 providers** representing **3 FTI sites** attended the Lactation & Perinatal Mood and Anxiety Disorders ECHO series webinar.

Data Highlights

- FTI MMH TA sites are screening at higher rates than the average of all other KCC enrolled organizations.
 - Anxiety - 29.7 percentage points higher**
 - Depression - 65.6 percentage points higher**
- FTI MMH TA sites have a **96.7% referral rate** for positive screens.

The NEW Postpartum Model

**Educate
Screen
Refer**

In every patient, in every birth setting, in every protocol:

- ❑ **Maternal Warning Signs**

1. POSTBIRTH Education & Recognition
2. Identify Medical Red Flags prior to discharge, PP Appt

- ❑ **Maternal Mental Health**

- ❑ **PP Appointment(s)** prior to discharge

- ❑ **Breastfeeding**

- High 5 for Mom & Baby, Baby Friendly

- ❑ **Family Planning**

- ❑ **SSDOH**

- ❑ **PP Care Team:** Pt included

- Who? How? When?

- ❑ Pt debriefs for Adverse Outcome Events

- ❑ ED/EMS Triage (Universal question, POST-BIRTH, ACOG Algorithms)

- ❑ Link Up! (MCH, Outpatient clinics, etc)

Protocols!

In every patient, in every birth setting, PRIOR to discharge:

- PP Appt made prior to DC
- PP Care Team, as indicated
- Referral to Navigator, as indicated
- Screenings completed
 - SDOH
 - Mental Health
 - Medical risks
 - Breastfeeding
 - Fam Planning
- Referrals Made
 - SDOH
 - Mental Health
 - Medical indications
 - Breastfeeding
 - Fam Planning
- Standardized Discharge Summary

2022 KPQC Fourth Trimester Initiative Champion Timeline										
FIT Project	Start	Finish	May	June	July	Aug	Sept	Oct	Nov	Dec
POSTBIRTH Training	Current	June 2022 (up to Sept 2022)	Up to September 2022							
KBEN Training	May 24, 2022	Sept 30, 2022 (check in June 2022, July 2022)	June “Check in” July “Check in”							
MMH TA	Current	Ongoing thru 2022								
PP Policy Update	Current	Ongoing thru 2022								
PP Appointment	Current	December 2022								
Data Entry	June 2022	Ongoing thru 2022								
PP Care Team/PP Referrals/Community Resource List	July 2022	December 2022								
Breastfeeding	June 2022	Ongoing thru 2022								
SSDOH Screening & Referral to CRL	TBD						TBD			
Standardized Discharge Summary	TBD						TBD			
Reproductive Life Planning	TBD						TBD			
Patient Voice	TBD						TBD			

Check in with Sally & Stuart

□ Kansas Hospital Association- Qhi reporting



KANSAS BIRTH EQUITY NETWORK BIRTH EQUITY CURRICULUM!

Sharla Smith, PhD. MPH

Associate Professor, Department of Population Health

Director of Birth Equity, Department of Obstetrics & Gynecology

Founder & Director, Kansas Birth Equity Network

University of Kansas Medical Center

KBEN
Kansas Birth
Equity Network



Mission and Visions

Mission

To use a community centered approach to create solutions that improve Black maternal, paternal, and infant health in Kansas through training, research, healthcare, and advocacy

• Vision

- a. KBEN Vision : Every Black mom, dad, and infant receive quality and intentional prenatal, neonatal, and postpartum care in the state of Kansas
- a. CD366 Vision: ***Every Black birthing person, dad, partner, and baby celebrates the baby's first birthday***



BIRTH EQUITY TRAINING

- **Purpose:**
 - Provide an overview of Black maternal health and the need for birth equity.
 - Gain understanding of the various factors that contribute to African American maternal and infant health and the mechanisms that aid in obtaining equity.
 - The achievement of this understanding will come from African American women and their birth stories, public health field experts, community advocates, and current health data.

AGENDA

- Check In
 - Modules 4, 5, 6
- Discussion
 - Kari Smith
- Action Items
- Questions/Comments

Module	Title
1	Introduction
2	The Need for Birth Equity
3	Community Engagement
4	The Uncomfortable Truth of Bias
5	The Black Postpartum Experience
6	Respectful Maternal Care

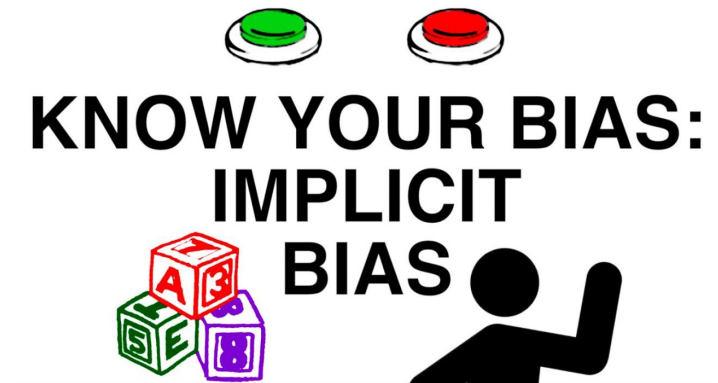
CHECK IN

Which modules have you completed?

Respond to the poll: pollev.com/oobi

MODULE 4 – THE UNCOMFORTABLE TRUTH OF BIAS

- This module discusses bias and includes panel discussions with Black fathers and mothers.
 - What stood out to you from the conversations that you listened to?
- **Respond at pollev.com/oobi**



MODULE 5 – THE BLACK POSTPARTUM EXPERIENCE

In this module, you heard from experts on maternal mental health, efforts to support Black breastfeeding in Wyandotte County, & from a doula on her experiences and efforts to provide postpartum support.

What can you/your organization do to improve postpartum support for the families you take care of?

[Respond at pollev.com/oobi](https://pollev.com/oobi)

MODULE 6 – RESPECTFUL MATERNAL CARE

In this module, you learned about the Stop, Look, Listen, & Think Campaign informed by community members in the Kansas Birth Equity Network.

- In what ways can you encourage your organization to Stop, Look, Listen, & Think to ensure respectful maternal care?
 - ***Respond at pollev.com/oobi***

RESPECTFUL MATERNAL CARE

Stop, Look, Listen, & Think

A campaign by the Kansas Birth Equity Network



STOP

Stop focusing on the routine of care. If a birthing person says they do not feel well or believes that something is wrong, believe them.



LOOK

Conduct an examination or evaluation to identify & treat the problem. Continuously communicate with the birthing person and their advocate.



LISTEN

Listen to the birthing person & their advocate. Do not simply consider complaints as a usual part of pregnancy & birth.



THINK

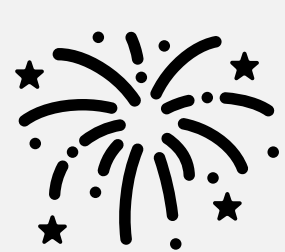
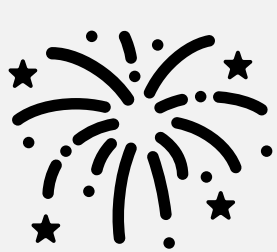
What you would want your provider to do if you were receiving care? What can you do to prevent the problem from getting worse?



DISCUSSION

Kari Smith, Clinical Nurse Educator, Advent Health Shawnee Mission

- What were some of your AHA moments while completing the Birth Equity Curriculum
- What next steps are you thinking about for you and for your clinic?



CONGRATULATIONS!

Curriculum Completions

- Kari Smith
- Katie Kufahl
- Kayla Schroeder
- Chelsea James
- Jessica Seib
- Brenda Blankenship
- Dana Deters
- Melissa "Missy" Mourek
- Kimberley Brey
- Kimberlee Dick

In-Progress

- Jessica Gier
- Taylor Bertschy
- Toni Carter
- Emily Hester
- Jessica Wasson
- Kristin Perez

ACTION ITEMS

Deadline: August 31st

Complete all 6 modules & the curriculum evaluation

Contact:

Email: kben@kumc.edu

Call/Text: (916) 672-2005

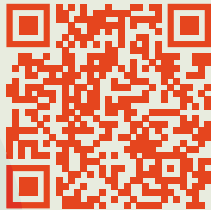
PRESENT

r. Dana-Ain Davis
M.P.H, Ph. D.

Kevin Dedner
M.P.H

Parent Panel

Before the summit,
join us for the



SCAN TO REGISTER FOR FREE!



BIRTH EQUITY SUMMIT

September 9th, 2022

9am – 12:30pm


In-Person & Online

Free to attend!

Register: <https://cvent.me/2OWYw1>

COVID-19 & PREGNANCY

COVID-19 Vaccination & Pregnancy



KBEN
Kansas Birth Equity Network

To find a vaccine near you:



Protect your baby.
If you are vaccinated during pregnancy, your baby will be protected for the first six months of life from COVID-19

Protect your family.
Evidence has shown that fully vaccinated individuals carry the virus for less time, reducing the risk transmission to family members

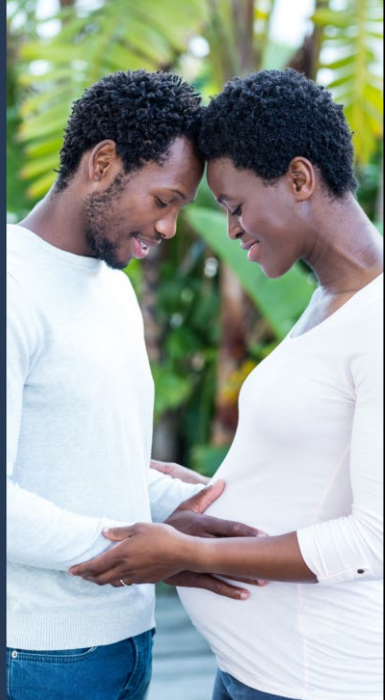

Protect yourself.
Contracting COVID-19 while pregnant can increase the risk of severe illness including hospitalization and use of a ventilator

COVID-19 Vaccination & Pregnancy

- Over 200,000 pregnant people have safely received an mRNA vaccine with no concerns.
- COVID-19 mRNA vaccines (Moderna & Pfizer) do not contain live virus and will not make you sick with COVID-19.
- Pregnant people have reported no additional vaccine side effects than those who are not pregnant. The most common side effects include injection site reactions, fatigue, and chills.
- Vaccination during pregnancy can help protect babies younger than 6 months from COVID-19.

KBEN
Kansas Birth Equity Network

To find a vaccine near you:



Developed with community members & stakeholders in KBEN.

If this is helpful for your patient population, please let us know. We are happy to mail printed copies.

QUESTIONS/COMMENTS

SAVE THE DATE

Kansas Perinatal Quality Collaborative

GENERAL MEETING



11.15.2022

Meeting details
coming soon!



Next Learning Forums

Sept 27: *Maternal Anti-Violence Innovation and Sharing* (MAVIS)

Oct 25

<https://us02web.zoom.us/meeting/register/tZAkfuqhqTgqH9f7RnFy6H0Nph0CaKqXNT4N>

