

# June 2022

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KPQC Learning Forum



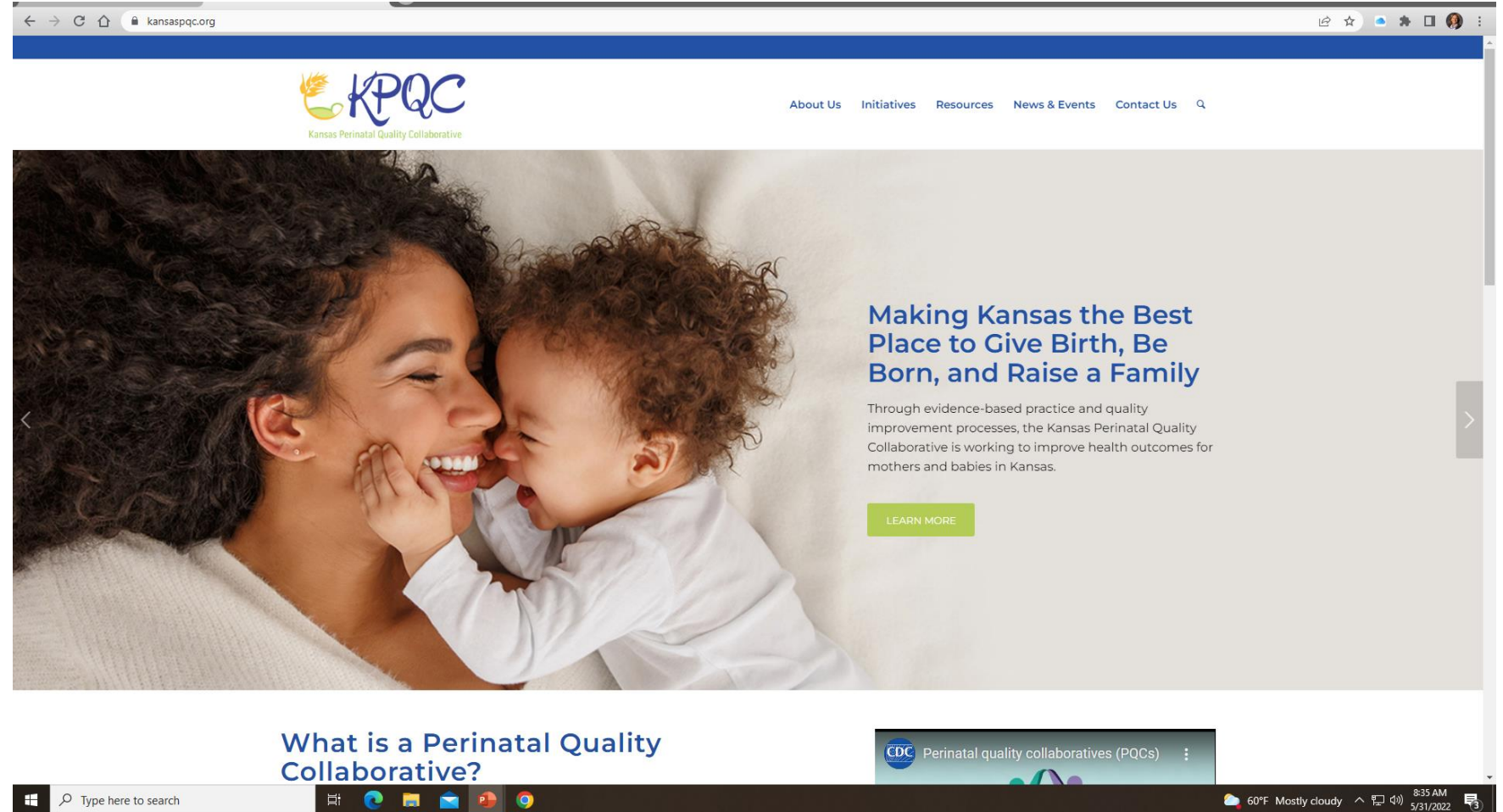
# Agenda

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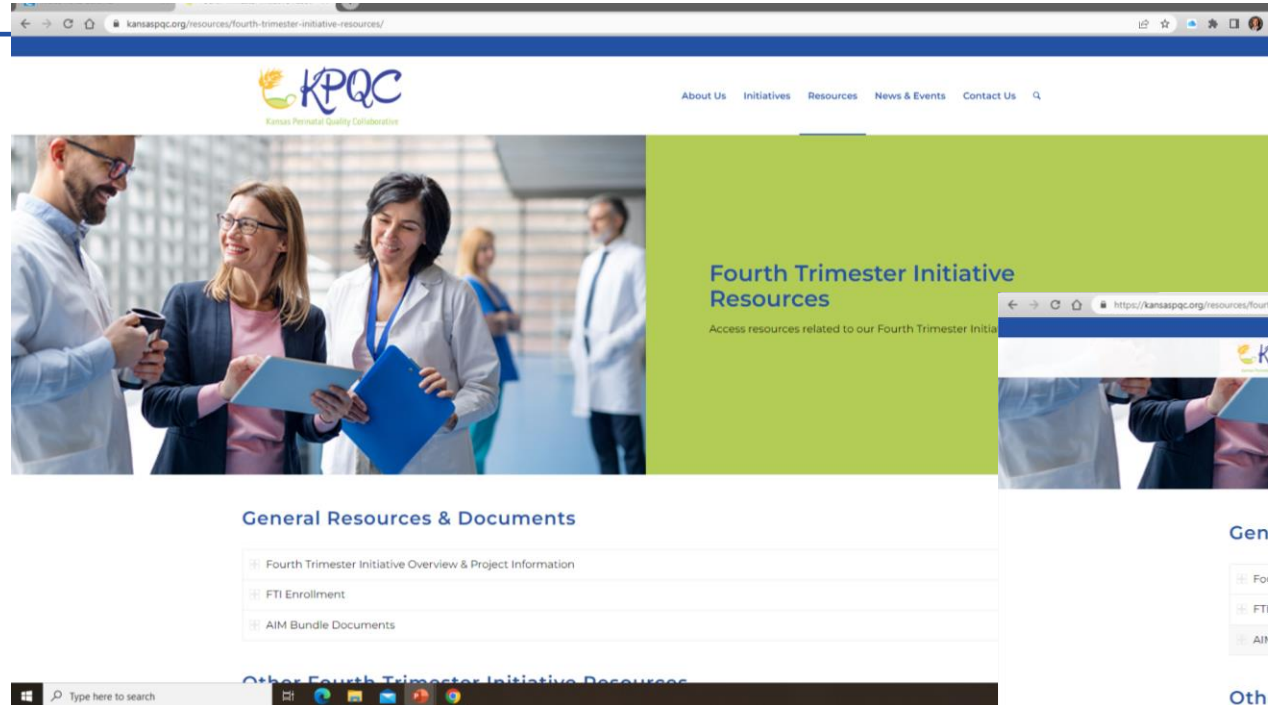
- Rapid Response
- Breastfeeding: High 5 & Baby Friendly
- KBEN Check in

# Website: RE-launched!

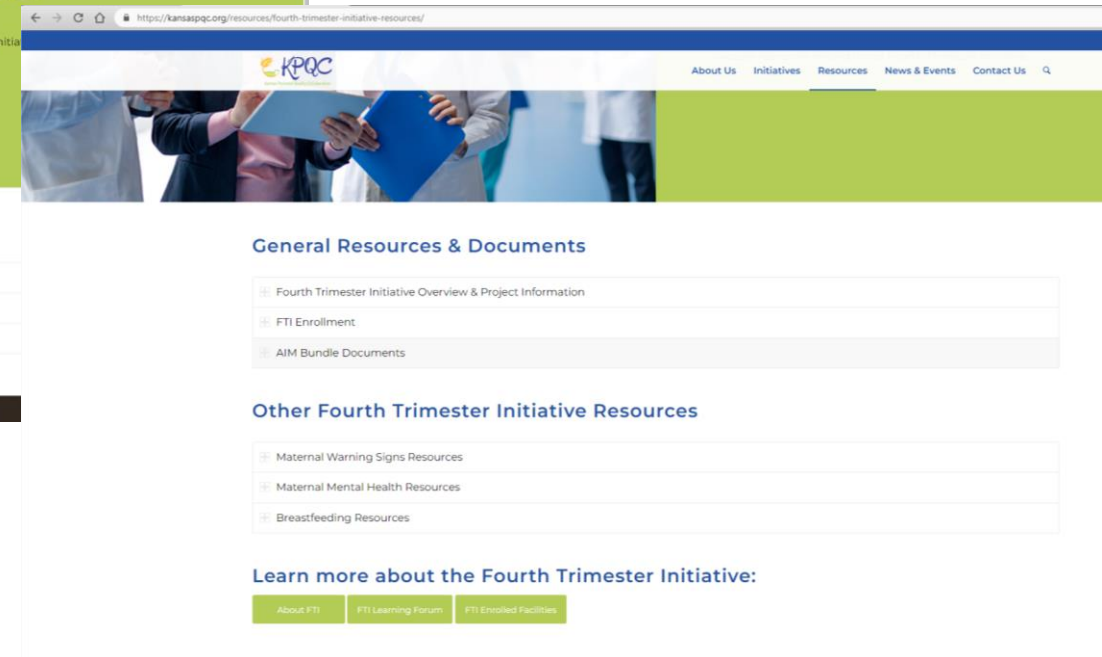
<https://kansaspqc.org/>



# Website: RE-launched!



<https://kansaspqc.org/resources/fourth-trimester-initiative-resources/>



# Rapid Response: *Infant Mortality*

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Center for Research for Infant Birth and Survival (CRIBS) **6/8/22:**

“Kansas 2020 Annual Summary Full Report which is available at  
[www.kdhe.ks.gov/1821/Public-Health-Statistics-2020](http://www.kdhe.ks.gov/1821/Public-Health-Statistics-2020)

\*Infant mortality data can be found starting on page 18; tables begin on page 126.

*Unfortunately, 2020 did see an 18.5% increase in infant deaths over 2019. This is upsetting enough but the racial disparities are absolutely devastating. The Black non-Hispanic infant mortality increased by almost 60%!”*

# Rapid Response: *Perinatal Bereavement*

[About Us](#)[Nurse Resources](#)[Education](#)[Professional Development](#)[Media, Advocacy & Journals](#)[Industry Partners](#)[Membership](#)

## Perinatal Bereavement Resources

### Supporting Nurses, Supporting Families

AWHONN Town Hall: Reimagining Your Perinatal Bereavement Space

A family's perinatal loss is difficult for everyone involved. Having a unit that is thoughtfully prepared to better facilitate your patient's needs can make a huge difference in their grieving process. During this on-demand webinar presentation, nurses Jen Hamilton, Stephanie Russell, and Michelle Moore will explain how they were able to build on what they already had in place to reshape their perinatal bereavement care by utilizing their community as a resource.

[ACCESS FREE WEBINAR TODAY](#)

### Perinatal Bereavement Room Tour



[https://www.awhonn.org/perinatal-bereavement-resources/?\\_zs=f9sKk1&\\_zl=N2EP8](https://www.awhonn.org/perinatal-bereavement-resources/?_zs=f9sKk1&_zl=N2EP8)

# Rapid Response: CMQCC

[as-tool-kits/toolkits](#)

**CMQCC**  
California Maternal  
Quality Care Collaborative

FOR FAMILIES

CMQCC Accounts Login

Contact Us

ABOUT CMQCC

MATERNAL DATA CENTER

QI INITIATIVES

RESEARCH

RESOURCES & TOOLKITS

COVID-19 RESOURCES FOR MATERNAL AND INFANT HEALTH

**Toolkits**

TOOLKITS

Cardiovascular Disease Toolkit

Mother & Baby Substance Exposure Initiative Toolkit

Early Elective Deliveries Toolkit

OB Hemorrhage Toolkit

Hypertensive Disorders of Pregnancy Toolkit

Sepsis Toolkit

Supporting Vaginal Birth and Reducing Primary Cesareans Toolkit

Venous Thromboembolism Toolkit

WEBINARS

RESOURCE LIBRARY

**Contact Us**


If you are having problems downloading our toolkit, please try using the latest versions of Chrome, Firefox or Safari, as problems may result from using another browser.

If you are still unable to download the toolkit or have further questions, please [contact CMQCC](#).

**Maternal Quality Improvement Toolkits:**

- [Improving Health Care Response to Obstetric Hemorrhage, V3.0, 2022](#)
- [Improving Health Care Response to Hypertensive Disorders of Pregnancy, V2.0, 2021](#)
- [Mother & Baby Substance Exposure Initiative Toolkit, 2020](#)
- [Improving Diagnosis and Treatment of Maternal Sepsis, 2020](#)
- [Improving Health Care Response to Maternal Venous Thromboembolism, 2018](#)
- [Improving Health Care Response to Cardiovascular Disease in Pregnancy and Postpartum, 2017](#)
- [Toolkit to Support Vaginal Birth and Reduce Primary Cesareans and Implementation Guide, 2016](#)
- [Elimination of Non-medically Indicated \(Elective\) Deliveries Before 39 Weeks Gestational Age, 2010 \(Licensed to March of Dimes\)](#)

**CMQCC**  
California Maternal  
Quality Care Collaborative



## Improving Health Care Response to Hypertensive Disorders of Pregnancy

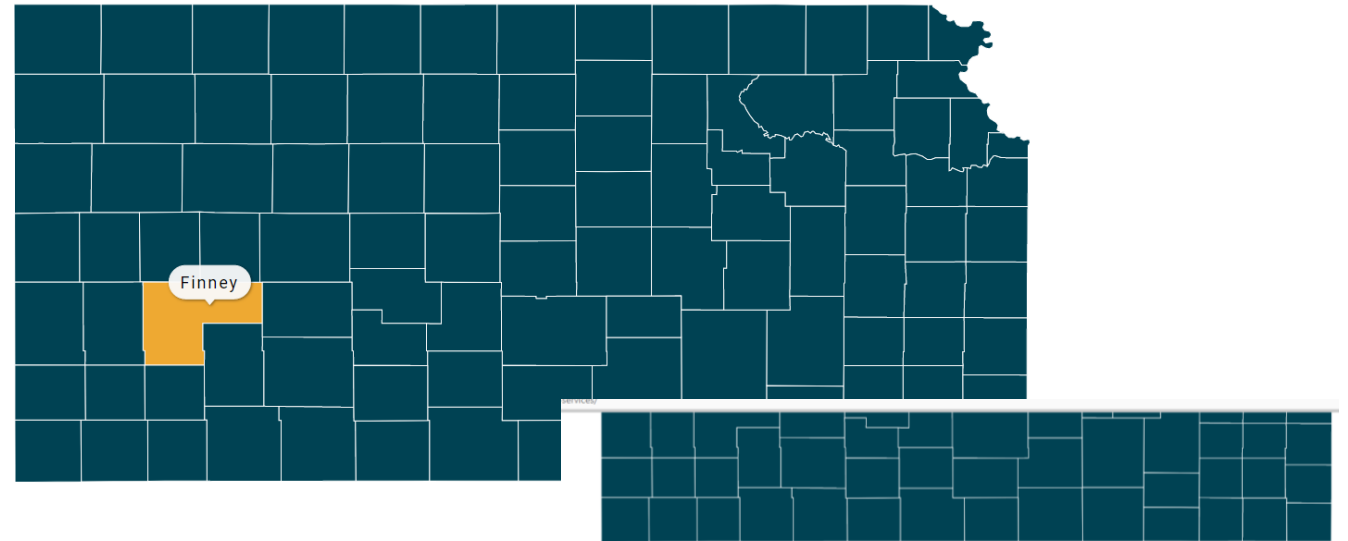
A CMQCC Quality Improvement Toolkit

# Community Resource Lists

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Home Visiting interactive map:

<https://kshomevisiting.org/>



## Finney County

**Kansas Infant-Toddler Services – tiny-k**  
Russell Child Development Center  
Garden City  
(620) 275-0291  
ddeloach@rcdc4kids.org

**Early Head Start**  
(620) 276-3232 ext. 1109

**Parents as Teachers**  
USD 457 Garden City  
(620) 271-3589  
dbecker@rcdc4kids.org



# General Mtg highlights

**98 Attendees!** (68 virtual attendees + 30 onsite)  
**>70 Hospitals/Agencies** represented  
**3 Expert Speaker Groups**



# FTI Retreat

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24 FTI Champs  
19 FTI Sites  
6 KDHE & KCC leaders  
1 KPQC President  
1 ACOG Section Chair



# KBEN Check-in

# KANSAS BIRTH EQUITY NETWORK BIRTH EQUITY CURRICULUM!

**Sharla Smith, PhD. MPH**

Assistant Professor, Department of Population Health

Director of Birth Equity, Department of Obstetrics & Gynecology

Founder & Director, Kansas Birth Equity Network

*University of Kansas Medical Center*

**KBEN**  
Kansas Birth  
Equity Network



# Mission and Visions

## Mission

To use a community centered approach to create solutions that improve Black maternal, paternal, and infant health in Kansas through training, research, healthcare, and advocacy

## • Vision

- a. KBEN Vision : Every Black mom, dad, and infant receive quality and intentional prenatal, neonatal, and postpartum care in the state of Kansas
- a. CD366 Vision: ***Every Black birthing person, dad, partner, and baby celebrates the baby's first birthday***



# BIRTH EQUITY TRAINING

- **Purpose:**
  - Provide an overview of Black maternal health and the need for birth equity.
  - Gain understanding of the various factors that contribute to African American maternal and infant health and the mechanisms that aid in obtaining equity.
  - The achievement of this understanding will come from African American women and their birth stories, public health field experts, community advocates, and current health data.

# AGENDA

- Check In & Discussion
  - Modules 1, 2, 3


Module	Title
1	Introduction
2	The Need for Birth Equity
3	Community Engagement
4	The Uncomfortable Truth of Bias
5	The Black Postpartum Experience
6	Respectful Maternal Care

# OVERVIEW OF ACCESSING THE CURRICULUM




## ACCESSING THE CURRICULUM

You received an email with a temporary password & link.



You will need create a new password when you first log in.



Access Link:  
<https://bb.kumc.edu>

# ACCESSING THE CURRICULUM

KUMC Home

bb.kumc.edu/ultra/institution-page

## Blackboard

KUMC Home

Oluoma Obi

Activity Stream

Courses

Organizations

Calendar

Messages

Grades

Tools

Sign Out

Privacy  
Terms

### University of Kansas Medical Center Blackboard

#### Blackboard Announcements

**Blackboard Collaborate Engagement Insights**  
Today Blackboard made improvements to Collaborate to give more engagement insights for Moderators. This new insight will show the number of chat messages and hands raised. As well as showing the percentage of participants who have participated in either of these items. To learn more please view the [Engagement Insights Panel](#) blog post.

Weekly Blackboard Maintenance Schedule:  
**PLEASE DO NOT begin any assessments or course activities that you cannot complete before 3 AM every Tuesday.**  
Every Tuesday is the regularly scheduled maintenance window. Blackboard may be briefly unavailable between 3 - 3:30 AM while Blackboard performs maintenance.

#### KUMC Quick links

Respondus Lockdown Browser	Poll Everywhere Login
Room Request Form	TLT Services Overview
Panopto Scheduled Recording Request Form	TLT Blog
Testing Calendar	

Oluoma Obi (she/her)...

# ACCESSING THE CURRICULUM

- When you log in, you will see this screen.
- Click on “Courses” on the left column.

The screenshot displays the Blackboard interface for the University of Kansas Medical Center. On the left is a dark navigation sidebar with the Blackboard logo at the top, followed by a 'KUMC Home' link with a building icon. Below this are links for 'Oluoma Obi' (user icon), 'Activity Stream' (globe icon), 'Courses' (book icon), 'Organizations' (group icon), 'Calendar' (calendar icon), 'Messages' (envelope icon), 'Grades' (notepad icon), 'Tools' (wrench icon), and 'Sign Out' (logout icon). The main content area features a banner image of a university building with the text 'University of Kansas Medical Center Blackboard'. Below the banner, there is a 'Blackboard Announcements' section containing two messages: one about 'Blackboard Collaborate Engagement Insights' and another about the 'Weekly Blackboard Maintenance Schedule' which includes a warning to not begin assessments before 3 AM on Tuesdays. At the bottom, a 'KUMC Quick links' section is organized into two columns of buttons, including links for 'Respondus Lockdown Browser', 'Room Request Form', 'Panopto Scheduled Recording Request Form', 'Testing Calendar', 'Jayhawk Tech Clinic Help Ticket', 'Poll Everywhere Login', 'TLT Services Overview', and 'TLT Blog'.

**Blackboard**

[KUMC Home](#)

Oluoma Obi

Activity Stream

Courses

Organizations

Calendar

Messages

Grades

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University of Kansas Medical Center Blackboard

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KUMC Quick links

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Room Request Form	TLT Services Overview
Panopto Scheduled Recording Request Form	TLT Blog
Testing Calendar	
Jayhawk Tech Clinic Help Ticket	

# ACCESSING THE CURRICULUM

- Click on “Kansas Birth Equity Network Curriculum” to access the curriculum.

The screenshot displays the Blackboard interface. On the left is a dark sidebar with the Blackboard logo at the top, followed by navigation links: KUMC Home, Oluoma OBI, Activity Stream, Courses (highlighted), Organizations, Calendar, Messages, Grades, Tools, and Sign Out. At the bottom of the sidebar are links for Privacy and Terms. The main content area is titled 'Courses' and features a semester selector at the top right showing '2021 Fall' with a dropdown arrow, and '2022 Spring' with a right arrow. Below this is a search bar with the placeholder 'Search your courses', a 'Filter' dropdown set to 'All Courses', and a '25 items per page' selector. A single course is listed: 'KBEN\_curriculum' with the title 'Kansas Birth Equity Network Curriculum' and the view 'Original Course View'. It includes links for 'Multiple Instructors' and 'More info'. A star icon and a three-dot menu are to the right of the course entry. A help icon is located in the bottom right corner of the page.

# ACCESSING THE CURRICULUM

- You can access each module here.

The screenshot displays the 'Kansas Birth Equity Network Curriculum' interface in 'Student Preview mode'. The top navigation bar is orange and contains the text 'Student Preview mode is ON' and two buttons: 'Settings' and 'Exit Preview'. Below this, a dark sidebar on the left lists navigation options: 'Kansas Birth Equity Network Curriculum' (selected), 'Home Page', 'Announcements', and 'Course Content'. The main content area, titled 'Course Content', lists six modules, each with a folder icon and a title: 1. Introduction, 2. The Need for Birth Equity, 3. Community Engagement, 4. The Uncomfortable Truth of Bias, 5. The Black Postpartum Experience, and 6. Respectful Maternal Care. The final entry is 'Congratulations! You have completed the curriculum' with an achievement icon and a note to 'Please complete the evaluation and reflection!'. The footer includes the copyright notice '© 1997-2022 Blackboard Inc. All Rights Reserved.'.

Student Preview mode is ON

Settings Exit Preview

Kansas Birth Equity Network Curriculum Course Content

Kansas Birth Equity Network Curriculum

Home Page

Announcements

Course Content

Course Content

1. Introduction

2. The Need for Birth Equity

3. Community Engagement

4. The Uncomfortable Truth of Bias

5. The Black Postpartum Experience

6. Respectful Maternal Care

**Congratulations! You have completed the curriculum** 🏆

Please complete the evaluation and reflection!

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# ACCESSING THE CURRICULUM

- Click into a module to see the contents: videos, slides, & a brief survey at the end of each module.

The screenshot displays the 'Kansas Birth Equity Network Curriculum' interface. At the top, an orange banner indicates 'Student Preview mode is ON' and includes 'Settings' and 'Exit Preview' buttons. Below this, a breadcrumb trail shows 'Kansas Birth Equity Network Curriculum' > 'Course Content' > '2. The Need for Birth Equity'. A dark sidebar on the left contains a dropdown menu for 'Kansas Birth Equity Network Curriculum' with options for 'Home Page', 'Announcements', and 'Course Content'. The main content area, titled '2. The Need for Birth Equity', lists seven items, each with a document icon and a title: 'The Need for Birth Equity', 'The Need for Birth Equity Slides' (with an expand/collapse icon), 'Mothers Matter: Why So Many Black Women Are Dying From Childbirth', 'Health Equity and Birth Equity', 'Health Equity and Birth Equity Slides' (with an expand/collapse icon), 'Black Women Voices', and 'Module 2 Survey: Need for Birth Equity Survey Questions'.

Student Preview mode is ON

Settings Exit Preview

Kansas Birth Equity Network Curriculum Course Content 2. The Need for Birth Equity

Kansas Birth Equity Network Curriculum

Home Page

Announcements

Course Content

2. The Need for Birth Equity

[The Need for Birth Equity](#)

[The Need for Birth Equity Slides](#) ⌵

[Mothers Matter: Why So Many Black Women Are Dying From Childbirth](#)

[Health Equity and Birth Equity](#)

[Health Equity and Birth Equity Slides](#) ⌵

[Black Women Voices](#)

[Module 2 Survey: Need for Birth Equity Survey Questions](#)

WHAT YOU HAVE  
LEARNED SO FAR?



# AMPLIFYING BLACK VOICES





## MODULE 2 – THE NEED FOR BIRTH EQUITY

What does birth equity mean to you?

What might be your intentions to create birth equity in Kansas?

*Respond at [pollev.com/oobi](https://pollev.com/oobi)*

## MODULE 3 – COMMUNITY ENGAGEMENT

What social  
determinants of  
health contribute to  
disparities in  
maternal health?

How might you  
engage community  
members to improve  
maternal health  
disparities?

*Respond at [pollev.com/oobi](https://pollev.com/oobi)*



# CONGRATULATIONS!

## Curriculum Completions

- Kari Smith - *Advent Health Shawnee Mission*
- Katie Kufahl - *Community Healthcare System*
- Kayla Schroeder - *Geary Community Hospital*

## In-Progress

- Jessica Gier
- Taylor Bertschy

QUESTIONS/COMMENTS

# ACTION ITEMS

## **Completions for August:**

Modules 4, 5 & 6

## **Contact:**

Email: [kben@kumc.edu](mailto:kben@kumc.edu)

Oluoma Obi (Research Associate): [oobi@kumc.edu](mailto:oobi@kumc.edu)



# High 5 for Mom & Baby

*Cara Gerhardt RN IBCLC*



# Ten Hospital Practices for Successful Breastfeeding

- 1 Facility will have a written maternity care and infant feeding policy that addresses all ten High 5 for Mom & Baby practices supporting breastfeeding
- 2 Facility will maintain staff competency in lactation support
- 3 All pregnant women will receive information and instruction on breastfeeding
- 4 Assure immediate and sustained skin-to-skin contact between mother and baby after birth
- 5 All families will receive individualized infant feeding counseling
- 6 Give newborn infants no food or drink other than breastmilk unless medically indicated
- 7 Practice “rooming in” -allow mothers and infants to remain together 24 hours a day
- 8 Families will be encouraged to feed their babies when the baby exhibits feeding cues, regardless of feeding methods
- 9 Give no pacifiers or artificial nipples to breastfeeding infants
- 10 Provide mothers options for breastfeeding support in the community (such as a telephone number, walk-in clinic information, support groups, etc.) upon discharge



# Earning High 5 Recognition



High 5 for Mom & Baby  
facilities complete  
**5/10 PRACTICES**

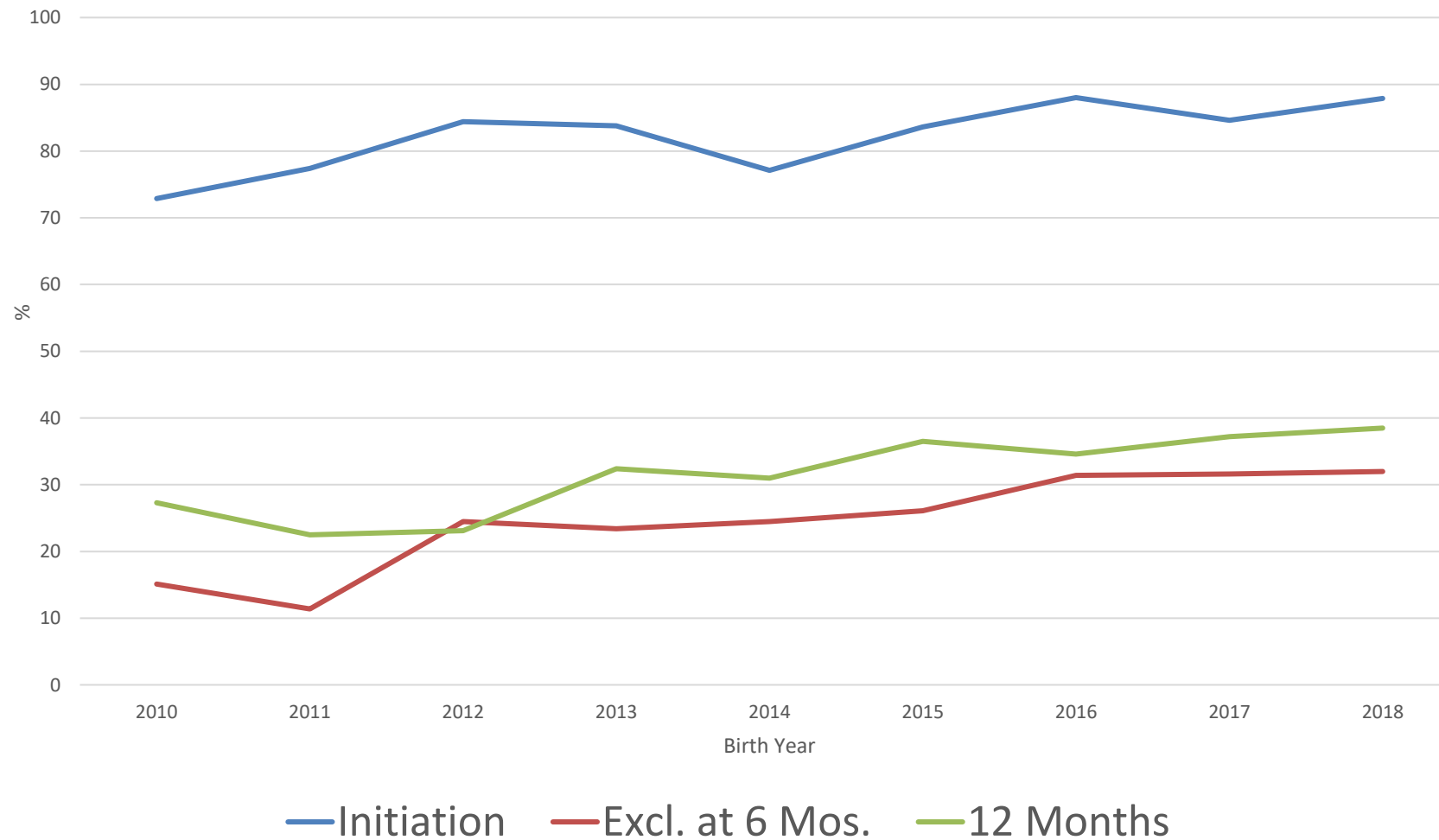


High 5 for Mom & Baby  
Premier facilities complete  
**ALL TEN PRACTICES**





# Kansas Breastfeeding Rates 2010-2018



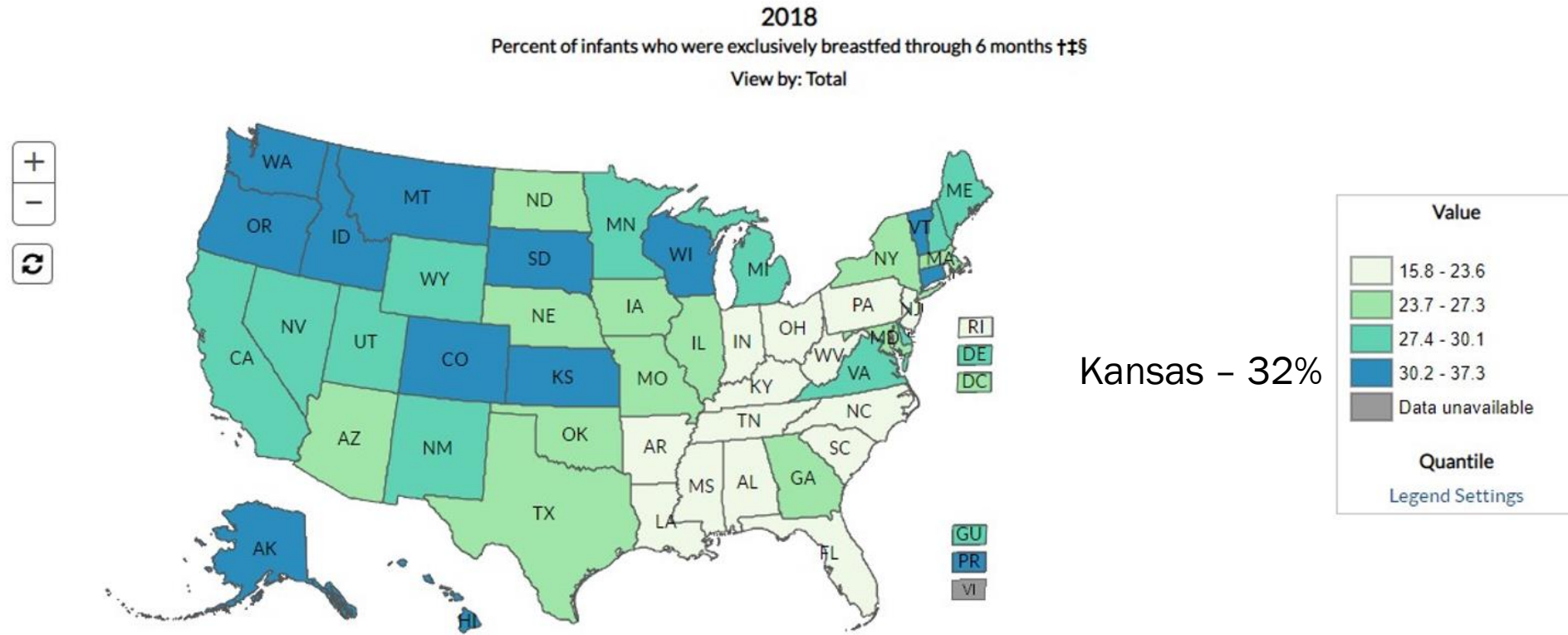
Source: 2018 Births, National Immunization Survey, Centers for Disease Control and Prevention, Department of Health and Human Services

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# Kansas Ranks 9<sup>th</sup> in the Nation

% of infants exclusively breastfed through 6 mo.



† Exclusive breastfeeding is defined as ONLY breast milk - No solids, no water, and no other liquids.

‡ Breastfeeding rates through 2008 births are based on the National Immunization Survey's landline sampling frame. Starting with 2009 births, rates are based on the National Immunization Survey's dual-frame sample that includes respondents surveyed on landline or cellular telephones. If you would like more information about the sampling methodology and the impact of adding a sample of cellular telephone respondents to the National Immunization Survey, you can visit [https://www.cdc.gov/breastfeeding/data/nis\\_data/survey\\_methods.htm](https://www.cdc.gov/breastfeeding/data/nis_data/survey_methods.htm).

§ Only breastfeeding rates based on a dual-frame sample that includes respondents surveyed on landline or cellular telephones are included in trend graphics. If you would like more information about the sampling methodology and the impact of adding a sample of cellular telephone respondents to the National Immunization Survey, you can visit [https://www.cdc.gov/breastfeeding/data/nis\\_data/survey\\_methods.htm](https://www.cdc.gov/breastfeeding/data/nis_data/survey_methods.htm)

Data Source: National Immunization Survey

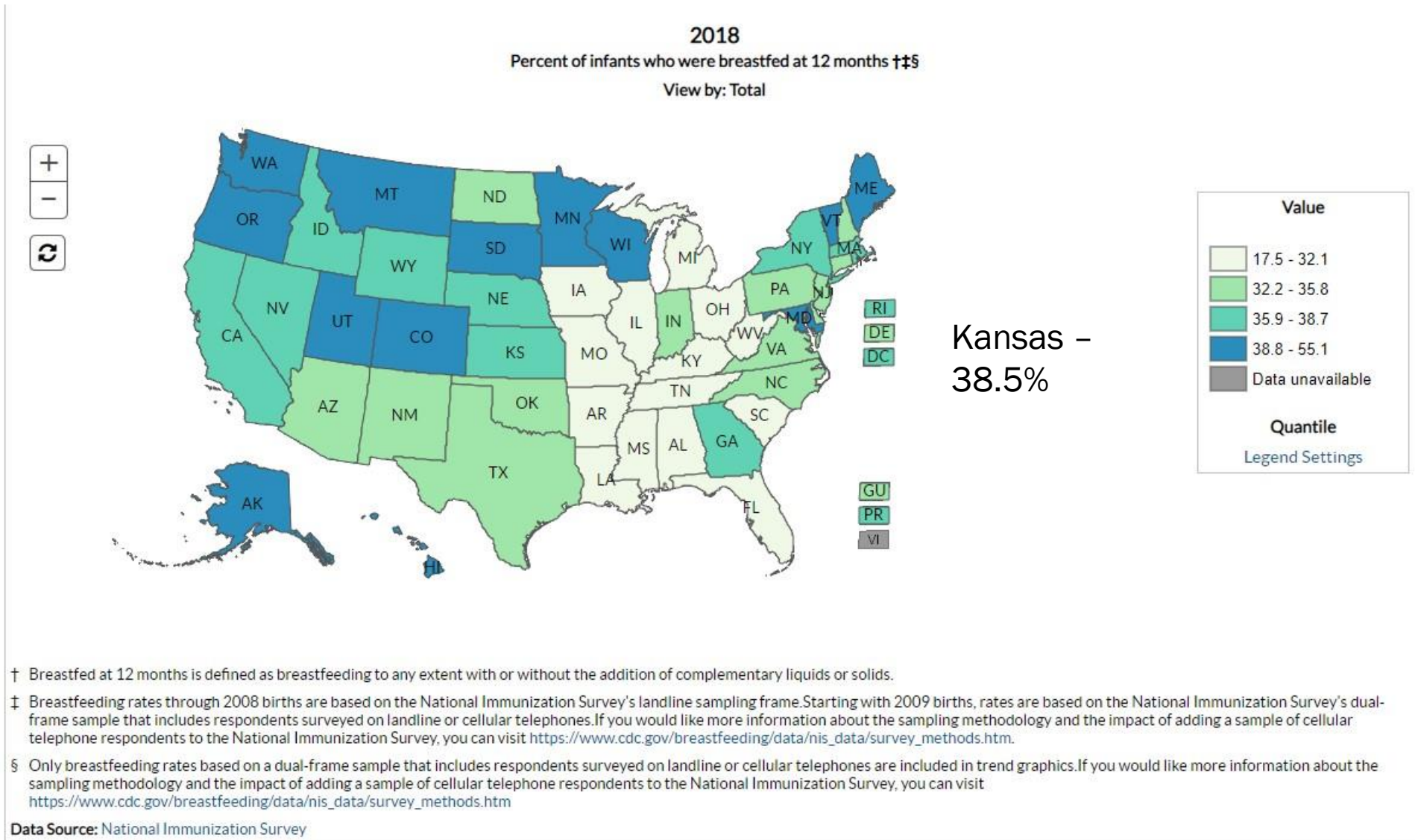


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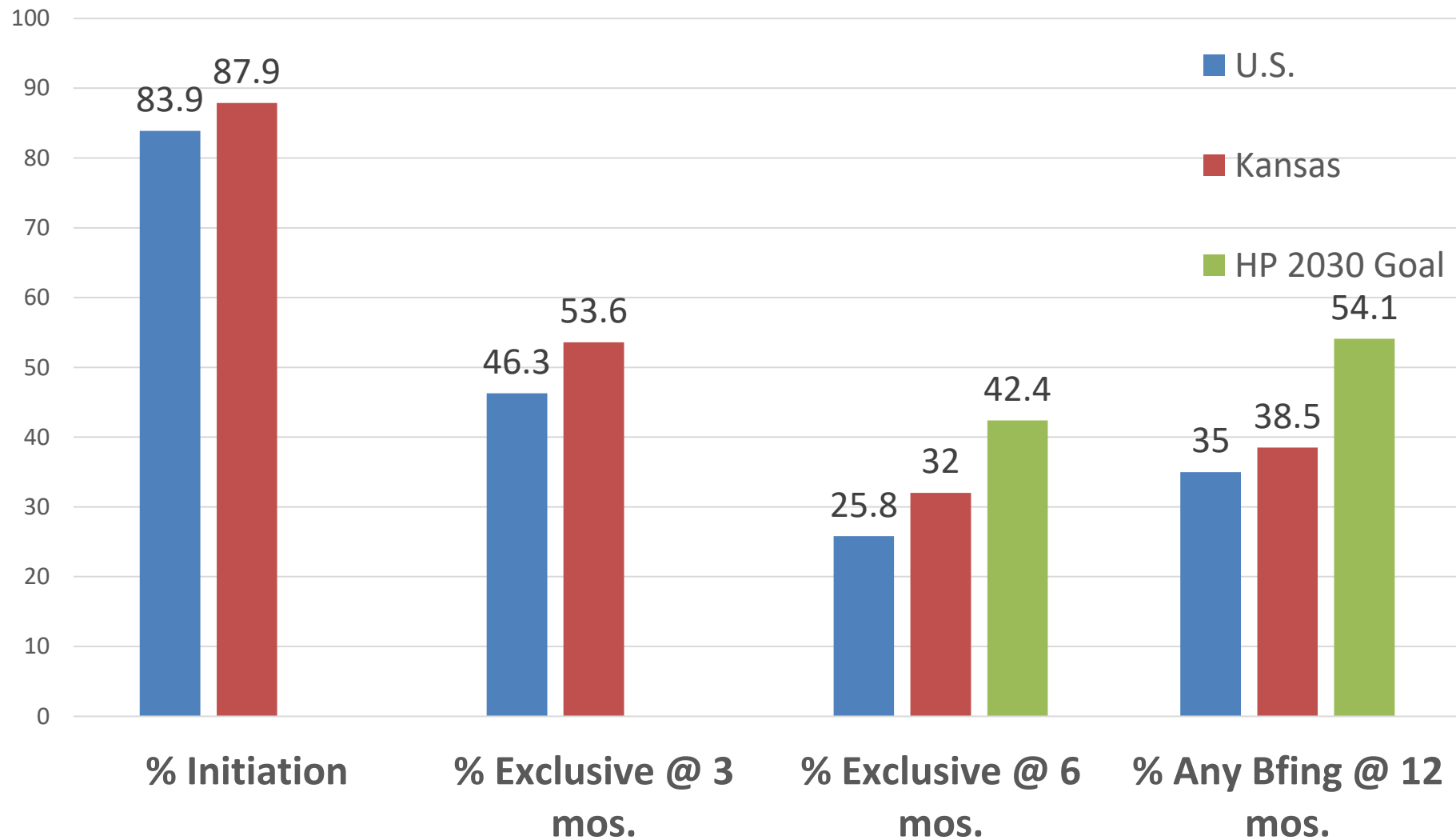


# Kansas Ranks **15<sup>th</sup>** in the Nation

% of infants breastfed at 12 months



# Breastfeeding Rates



Source: 2018 Births, National Immunization Survey, Centers for Disease Control and Prevention, Department of Health and Human Services

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High 5 for Mom & Baby is committed to helping birthing facilities as they identify areas for improvement in breastfeeding support.

- ✓ Discussion and collaboration with fellow High 5 for Mom & Baby facilities
- ✓ Continued support through education
- ✓ Policy development
- ✓ Collaboration with programs that provide support and education to the birthing family and staff caring for them





## Hospital Breastfeeding/Infant-Feeding Policy Checklist

The ten High 5 for Mom & Baby practices are based on the WHO/UNICEF Ten Steps to Successful Breastfeeding—evidence-based practices proven to increase breastfeeding success and reduce racial and ethnic disparities.

*Note: Hospital policy is not required to address every item on this checklist but should cover most of them.*

### Step 1: Facility will have a written maternity care and infant feeding policy addressing the High 5 for Mom & Baby practices supporting breastfeeding.

- ☐ Policy supports all 10 High 5 for Mom & Baby practices
- ☐ All staff responsible for maternity care review the policy and are familiar with its contents

### Step 2: Facility will maintain staff competency in lactation support.

- ☐ All maternity care staff complete training in breastfeeding and lactation management (using Kansas Breastfeeding Education on the KS Train platform or similar/comparable staff education)
- ☐ All new staff complete lactation education within 6 months of hire

### Step 3: All pregnant women will receive information and instruction on breastfeeding.

- ☐ All pregnant women are informed of basic breastfeeding management and care practices
- ☐ Facility supports breastfeeding employees by providing reasonable break time and a private, safe place to express milk close to their workplace

### Step 4: Assure immediate and sustained skin-to-skin contact between mother and baby after birth.

- ☐ Babies are placed skin to skin immediately after vaginal delivery if medically stable
- ☐ Babies are placed skin to skin as soon as both mom and baby are medically stable after a C-section delivery
- ☐ Babies remain skin to skin until after the first feeding when breastfeeding is desired

### Step 5: All families will receive individualized infant feeding counseling.

- ☐ Breastfeeding families receive individualized teaching on feeding cues, positioning and latch, and how to tell that baby is getting enough to eat
- ☐ Families that choose not to breastfeed receive appropriate education on formula preparation and feeding

### Step 6: Give newborn infants no food or drink other than breastmilk unless medically indicated.

- ☐ Breastfeeding babies receive breastmilk only unless ordered due to medical necessity
- ☐ Any reasons for supplementation are clearly documented
- ☐ Breastfeeding mothers are taught hand expression

 coordinator@high5kansas.org

high5kansas.org



### Step 7: Practice rooming in – allow mothers and infants to remain together 24 hours a day.

- ☐ Education on the benefits of rooming in provided to all families
- ☐ Babies room in with the mother, including at night and during routine care by hospital staff

### Step 8: Families will be encouraged to feed their babies when the baby exhibits feeding cues, regardless of feeding methods.

- ☐ All families, regardless of feeding method, are taught to recognize hunger cues.
- ☐ Babies are fed 8 or more times in 24 hours, without restriction on feeding length or frequency.
- ☐ Mothers who are separated from their infants are educated on expressing their milk appropriately.

### Step 9: Give no pacifiers or artificial nipples to breastfeeding infants.

- ☐ Breastfeeding babies are not offered pacifiers or artificial nipples
- ☐ Families are educated on milk production and encouraged to feed frequently

### Step 10: Provide mothers options for breastfeeding support in the community (such as telephone number walk-in clinic information, support groups, etc.) upon discharge.

- ☐ Families are provided information regarding where to access help and support with breastfeeding following discharge from the hospital

 coordinator@high5kansas.org

high5kansas.org



Find this tool and many more at <https://www.high5kansas.org/resources-for-hospitals>





TEN STEP TUESDAY

Maximizing/ Protecting Milk Supply

### It's Ten Step Tuesday!

Some mothers are having difficulty finding infant formula and other feeding supplies. Hospitals and clinics are fielding calls about the safety of homemade formula recipes because the shelves are bare. Pinterest is loaded with these recipes. There are many reasons to steer clear, but vulnerable new mothers may not realize how dangerous these can be. The conversations we have with families regarding their infant feeding choices are more important than ever. Families that previously combined breastfeeding and formula feeding, or exclusively formula fed, may be requesting additional information and support regarding exclusive breastfeeding.

#### What Might that Conversation Sound Like? So how do we talk about feeding options?

- Start by asking an open-ended question, such as: "Tell me what you know about breastfeeding."
- If the response is: "Oh, I'm not breastfeeding..." or "I'm going to do both..." use open-ended questions to further explore thinking, assumptions and experiences such as "Tell me about that. What was that like? How do you feel about that?"
- Use active listening and address knowledge gaps. Ask questions about how they made their decision and continue the conversation with: "I am here to ensure that you have all the information that you need. It is my job to make sure you are comfortable with your decision and you do not look back and say 'I wish someone would have told me about that.'"

#### Support with Education on the Value of Exclusive Breastfeeding

Combination feeding is associated with:

- Diminishing mother's milk supply
- Nipple/ bottle preference over the breast
- Negatively altered newborn gut flora – more pathogenic bacteria
- Exposure to cow's milk proteins in formula increases likelihood of allergies
- Interferes with normal frequency of feedings
- Shortens duration of overall breastfeeding

Conversations will be unique to each individual. The most important thing is that at the end of the discussion, the mother is informed and feels supported in her decision.

If a mom DOES choose to give formula (or any supplement) be sure to talk with her about maximizing milk production using hand expression, pumping, offering the breast first, etc. During these uncertain times, the care and support we provide to infants and their families is more important than ever!

For more information contact

Cara Gerhardt, BSN RN IBCLC, coordinator @high5kansas.org



# Maximizing

the support and education we offer:

☐ Prenatal clinic collaboration

☐ Hospital caregiver education

☐ Postpartum plan



Lactation support may be the first contact for a postpartum person following discharge.



# Breastfeeding and Fourth Trimester Initiative

## High 5 for Mom & Baby Premier Recognition

- ✧ Advent Health Shawnee Mission
- ✧ Advent Health Ottawa
- ✧ Ascension Via Christi St. Joseph
- ✧ Citizens Medical Center
- ✧ Community Healthcare System
- ✧ Hays Medical Center
- ✧ Kearny County Hospital
- ✧ Lawrence Memorial Hospital
- ✧ Memorial Health System
- ✧ New Birth Company
- ✧ Pratt Regional Medical Center
- ✧ Stormont Vail Health
- ✧ University of Kansas Health System-KC
- ✧ University of Kansas Health System-St. Francis Campus

## High 5 for Mom & Baby Recognition

- ✧ Amberwell Hiawatha Community Hospital
- ✧ Amberwell Atchison
- ✧ Coffeyville Regional Medical Center
- ✧ Geary Community Hospital
- ✧ Hutchinson Regional Medical Center
- ✧ Nemaha Valley Community Hospital
- ✧ Neosho Memorial Medical Center
- ✧ Newman Regional Health
- ✧ Providence Medical Center
- ✧ Sabetha Community Hospital



*Only FIVE Fourth Trimester Initiative participants are not currently recognized as a High 5 for Mom & Baby or Baby-Friendly USA facility!*

# Action Needed!

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- Find out more and apply for High 5 for Mom & Baby recognition on our website: [www.high5kansas.org](http://www.high5kansas.org).
- If you would like to be added to our distribution list please reach out at [coordinator@high5kansas.org](mailto:coordinator@high5kansas.org).
- Find FREE breastfeeding education with CEUs at <https://ks.train.org/ks>. Search for “Kansas Breastfeeding Education”.
- Find the Hospital Breastfeeding Policy checklist and other helpful tools and links on the High 5 for Mom & Baby resource page.





Kansas Perinatal Quality Collaborative

# General FTI Updates



# KPQC: FTI Highlights

- **58%** of our FTI Sites have included their Emergency Dept in POSTBIRTH training, with anecdotal evidence that it has created renewed goal-setting in terms of PP care provision at their facilities.
- **21** sites (72%) have completed POSTBIRTH training and have embedded it in their postpartum education as well as new staff onboarding policy.
  - Highlight: **88%** of those sites who have completed POSTBIRTH training are now using ACOG's Maternal Hypertensive Bundle as routine protocol in the postpartum (and therefore antepartum/intrapartum) setting
- **45%** of FTI Sites now routinely screen postpartum moms for Perinatal Mood Disorder prior to discharge from the birth setting
- **48%** of FTI Sites now make postpartum visit appointments prior to discharge from the birth setting
- **KS Birth Equity Training** has now begun at all 29 FTI Sites, the first of its kind to be done in the inpatient setting in Kansas.
- We had **98** attendees for our KPQC Gen Mtg in May: 68 virtual, 30 onsite.



POSTBIRTH

To Date: **828** trained

*20 of 29 FTI Sites are D.O.N.E.*

Free Registrations Left: >100

\*Some may “expire”- use new log in (Dec 2023!)

# MMH Update



KPQC

## Fourth Trimester Initiative

Cohort Summary Y4 Q2

January 1-March 30, 2022

KANSAS  
CONNECTING  
COMMUNITIES

### Maternal Mental Health

- Maternal Mental Health TA sites saw **1,692** patients for delivery.
- **Community HealthCare System** joined the MMH TA cohort!
- **17 providers** representing **11 FTI sites** attended Kansas Moms In Mind (KMIM) Case Consultation Clinic sessions.
- **4 providers** representing **3 FTI sites** attended the Lactation & Perinatal Mood and Anxiety Disorders ECHO series webinar.

### Data Highlights

- FTI MMH TA sites are screening at higher rates than the average of all other KCC enrolled organizations.
  - Anxiety - 29.7 percentage points higher**
  - Depression - 65.6 percentage points higher**
- FTI MMH TA sites have a **96.7% referral rate** for positive screens.

# The NEW Postpartum Model

In every patient, in every birth setting, in every protocol:

- ❑ Maternal Warning Signs
  1. POSTBIRTH Education & Recognition
  2. Screen all
  3. Identify Medical/Social Red Flags: refer prior to discharge
- ❑ Maternal Mental Health
  1. Screen all
  2. Refer + Screen
  3. Educate All (POSTBIRTH)
- ❑ PP Appointment prior to discharge
- ❑ Breastfeeding
  - High 5 for Mom & Baby, Baby Friendly
- ❑ Family Planning
  1. Screen prior to discharge
  2. Refer for services
- ❑ SSDOH
  - Screen all
- ❑ PP Care Team: Pt included
  - Who? How? When?
- ❑ Pt debriefs
- ❑ ED/EMS Triage (Universal question, POST-BIRTH, ACOG Algorithms)
- ❑ Link Up! (MCH, Outpatient clinics, etc)

# Protocols!

In every patient, in every birth setting, PRIOR to discharge:

- PP Appt made prior to DC
- PP Care Team, as indicated
- Navigation, as indicated
- Screenings completed
  - SDOH
  - Mental Health
  - Medical risks
  - Breastfeeding
  - Fam Planning
- Referrals Made
  - SDOH
  - Mental Health
  - Medical indications
  - Breastfeeding
  - Fam Planning
- Standardized Discharge Summary



2022 KPQC Fourth Trimester Initiative Champion Timeline										
FIT Project	Start	Finish	May	June	July	Aug	Sept	Oct	Nov	Dec
POSTBIRTH Training	Current	June 2022 (up to Sept 2022)				Up to September 2022				
KBEN Training	May 24, 2022	Sept 30, 2022 (check in June 2022, July 2022)	June “Check in”      July “Check in”							
MMH TA	Current	Ongoing thru 2022								
PP Policy Update	Current	Ongoing thru 2022								
PP Appointment	Current	December 2022								
Data Entry	June 2022	Ongoing thru 2022								
PP Care Team/PP Referrals/Community Resource List	July 2022	December 2022								
Breastfeeding	June 2022	Ongoing thru 2022								
SSDOH Screening & Referral to CRL	TBD		TBD							
Standardized Discharge Summary	TBD		TBD							
Reproductive Life Planning	TBD		TBD							
Patient Voice	TBD		TBD							

# Meet our new friends: Sally & Stuart

- ❑ Kansas Hospital Association- Qhi reporting
- ❑ What happens next?
  - What data will I need?
  - How often will I need to submit data?
  - What reports does Terrah collect, KCC collect and what does KHA collect?



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# High 5 for Mom & Baby

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Cara Gerhardt, BSN RN IBCLC, the Program Coordinator for High 5 for Mom and Baby will be presenting data on Kansas breastfeeding trends, sharing new opportunities for improving breastfeeding rates, and what's next for those who are already High 5 for Baby Friendly hospitals. Join us for this vital part of Fourth Trimester work!

SAVE THE DATE

Kansas Perinatal Quality Collaborative

# GENERAL MEETING



11.15.2022

Meeting details  
coming soon!



# Next Learning Forums

July 26<sup>th</sup>

August 23<sup>rd</sup>

Sept 27<sup>th</sup>

Oct 25<sup>th</sup>

<https://us02web.zoom.us/meeting/register/tZAkfuqhqTgqH9f7RnFy6H0Nph0CaKqXNT4N>

