Maternal Mental Health

Resources for Workflow 5.22



RN Administer EPDS on PP Day 1.

Give directions on EPDS completion Collect completed EPDS, and score.

CRISIS

If patient is in active crisis, follow hospital protocol for managing psychiatric crisis, notify social work and on-call OB.

EPDS <10 and negative #10.

Check for additional symptoms. Provide pt. education at discharge. Document score and interventions.

EPDS 10-12 and negative #10.

Check for additional symptoms and gather additional information.

Offer pt. connection with hospital social worker.

Document score and interventions.

EPDS 13-30 and/or positive #10.

Check for additional symptoms and gather additional information.

Complete SI/HI risk assessment and follow hospital policy per score results.

Begin Social Work Consult and document plan for follow-up.

Additional Info

Does the patient...

Have a current mental health provider?

An appointment set up with that provider?

Have adequate family/partner support?

Concerns about DV?

Have basic needs met (housing, food)?

Follow-Up

For all patients scoring between 10-30: Follow up within 48 hours of discharge via phone.

Re-screen using the EPDS at this time and request an update of follow-through with any referrals made before discharge.

No/Low Suicide Risk

Provide pt. education
Make warm handoff to
social work
Offer to facilitate referral
for outpatient psych care
Notify on-call OB

Medium/High Suicide Risk

Request assistance from behavioral health crisis team and request mental health exam. Notify attending OB.

Postpartum Discharge Referral Workflow

Birthing Facility Discharge

Screening for:

- Medical conditions
- Mental health
- Substance use
- Breastfeeding
- Family planning
- Structural and social drivers of health

Provide standardized discharge summary

Direct referral

Loop closure

Outpatient Care

Refer to navigator and/or directly to needed services

Connect patient to outpatient postpartum visit

Primary
OB/Peds/Medical
Specialty Care

Breastfeeding Support

WIC

Home Visiting

Behavioral Health

Housing, Transportation, Insurance, etc.

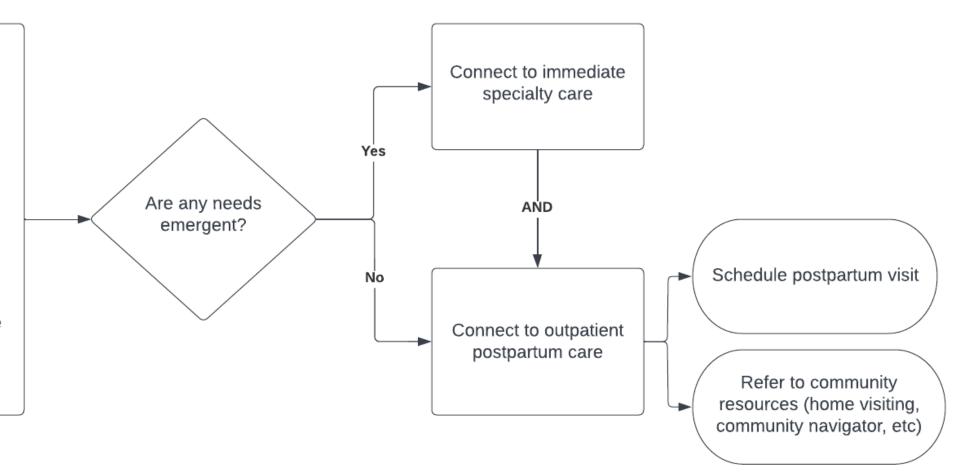
Postpartum Discharge Referral Algorithm

Birthing Facility Discharge

Screening for:

- Medical conditions
- Mental health
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- Structural and social drivers of health

Provide standardized discharge summary



Spotlight: Geary Community Hospital

Refer all patients

Loop closure

Geary Community Hospital

Screening for:

- Medical conditions
- Mental health
- Substance use
- Breastfeeding
- Family planning
- Structural and social drivers of health

discharge summary

Delivering Change

- Navigator follows-up on positive screens/needs
- **Provides** breastfeeding support

Refer to needed services



Loop closure

Primary OB/Peds/Medical **Specialty Care**

WIC

Home **Visiting**

Behavioral Health

Housing, Transportation, Insurance, etc.

Provide standardized