Eat, Sleep and Console Approach

Can infant eat ≥ 1 ounce per feeding or breastfeed well
  OR
  If on IVF orally feed 75 ml/kg/day

↓ Yes

No

Can infant sleep ≥ 1 hour undisturbed?

↓ Yes

Nonpharmacologic interventions increased if possible
- Feeding on demand
- Swaddling and holding
- Low-stimulation environment
- Parental presence

↓ Not Improved

Start Morphine at 0.05 mg/kg orally every 3 hours
  OR
  Give break through dose of 0.05 mg/kg and reassess in 3 hours
  OR
  Increase scheduled dosing by 0.01 mg/kg per dose ORALLY until a maximum dose of 0.2 mg/kg/dose

↓ No

Can infant be consoled within 10 minutes?

↓ Yes

Infant is considered to be well managed and no further interventions are necessary

↓ No

Discharge
Infants that do not require pharmacologic treatment may be discharged after being monitored for 3 days after birth.
Infants that require pharmacologic treatment may be discharged 48 hours after the last dose.

Weaning
When infant has met all 3 requirements for 24 hours without a change in dosing begin weaning.
Wean by 0.04 mg per dose every 24 hours
Discontinue when dose is less than or equal to 0.02 mg/kg

Should infant not meet all requirements of ESC and reaches the maximum dose of Morphine 0.2 mg/kg/dose, ESC will be discontinued and Finnegan Scoring and treatment will begin per protocol.