

Coding Neonatal Abstinence Syndrome (NAS) in Kansas



Define NAS:

- Signs of NAS requiring some care different than routine observation:
 - Medical treatment or
 - Prolonged hospital stay for comfort cares beyond normal observation period:
 - 72 hours : exposure to short acting opiate
 - 5 days: exposure to long acting opiate
 - Excessive need for comfort cares during hospitalization (i.e. 24/7 holding)
- Always start with the known exposure code

Confirmed NAS; code 96.1

- + infant drug screen for opioids, benzos or barbiturates
- Symptoms requiring increased care (as defined above)

Probable NAS; code 96.1

- History of exposure to above or + maternal drug screen for opiates, benzo or barbiturates
- Negative infant drug screen
- Symptoms requiring increased care (as defined above)

Suspected NAS; coded by exposure code P04.xx

- All other drug exposures with or without symptoms
- Exposure to opioids, benzo or barbiturates without significant symptoms

Could possibly be coded as 96.1:

P04.14 Newborn affected by maternal use of opiates

P04.17 Newborn affected by maternal use of sedative-hypnotics

P04.1A Newborn affected by maternal use of anxiolytics

P04.13 Newborn affected by maternal use of anticonvulsants

P04.49 Newborn with exposure to methadone, at risk for methadone withdrawal

Must be coded by exposure code P04.xx; Cannot be coded as 96.1:

P04.11 Newborn affected by maternal antineoplastic chemotherapy

P04.12 Newborn affected by maternal cytotoxic drugs

P04.15 Newborn affected by maternal use of antidepressants

P04.16 Newborn affected by maternal use of amphetamines

P04.17 Newborn affected by maternal use of sedative-hypnotics

P04.18 Newborn affected by other maternal medication

P04.19 Newborn affected by maternal use of unspecified medication

P04.41 Newborn affected by maternal use of cocaine

P04.3 Newborn affected by maternal use of Alcohol

P04.2 Newborn affected by maternal use of tobacco

P04.42 Newborn affected by maternal use of hallucinogens

P04.9 Intrauterine drug exposure ----- write in drug if not one of the above