



Kansas Perinatal Quality Collaborative

## Fourth Trimester Initiative

### KPQC Vision

To make Kansas the best place to be born, and to be a mother.

### Mission

To improve Kansas’ maternal and infant health outcomes by assuring quality perinatal care using data-driven, evidence-based practice, and quality improvement processes.

### Fourth Trimester Initiative Background

Kansas Department of Health and Environment (KDHE) has teamed up with the Kansas Perinatal Quality Collaborative (KPQC) to launch a maternal health quality initiative aimed at decreasing maternal morbidity and mortality in our state. Data from KDHE Vital Statistics, as well as from the Kansas Maternal Mortality Review Committee, demonstrated that focused evaluation and intentional intervention in the postpartum period should be the primary goal to improve maternal health outcomes. The Fourth Trimester Initiative was designed to be a cutting-edge approach to study and improve the experience of our mothers and families in Kansas.

### Fourth Trimester Initiative Purpose

To **engage and empower** patients, their families and support system, providers, and Kansas communities to **intentionally improve** maternal health outcomes with our collective, inspired effort.

### Fourth Trimester Initiative Plan

**GOAL:**  
Decrease  
maternal  
morbidity and  
mortality in  
Kansas

- Provide guideline-driven, best practice health care
- Conduct standardized screening of all childbearing-aged women
- Provide mechanisms to assure timely referral and follow up
- Identify each mother’s Postpartum Care Team
- Ensure a personalized Patient Plan of Care (“Mom Plan”)
- Provide reproductive health planning
- Establish ongoing insurance coverage
- Address social determinants of health and health equity

## Fourth Trimester Initiative (FTI) Implementation

The FTI will focus on the postpartum period of the mother to:

- ✓ Enhance the education of providers, patients, and her community regarding best practice models
- ✓ Improve utilization of community perinatal collaboratives
- ✓ Improve communication and collaboration between providers
- ✓ Engage all maternal health stakeholders
- ✓ Address racial disparities in maternal health care
- ✓ Implement a targeted quality improvement project, including data collection

## What's in it for our birth facility?

The **Fourth Trimester Initiative** will coordinate a statewide collaborative to improve maternal outcomes. The FTI will enroll participating birth facilities in the AIM postpartum transition safety bundle, anticipated to start Fall 2021 and run for two years. Birth Facilities who participate in FTI will receive, at no cost, directional coaching and the provision of this timely and necessary quality improvement project to improve health outcomes at the local and state level. Free resources, training, and constant collaboration with maternal health leaders across Kansas will be provided. This comprehensive and vast improvement in postpartum healthcare will lead to healthier women, infants, and families in our communities and across the state.

## Once enrolled, Birth Facilities can expect to:

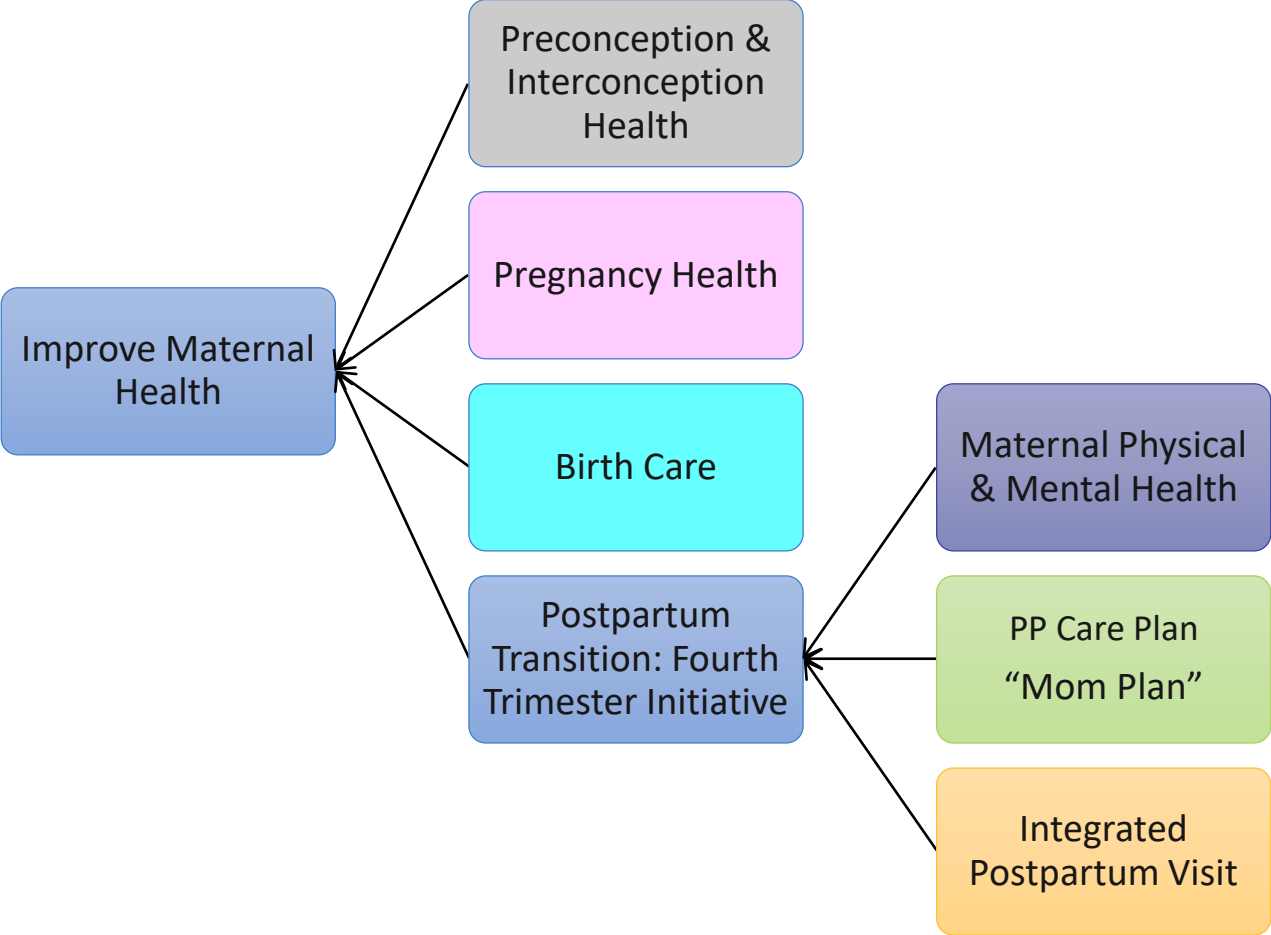
1. Review and compare baseline postpartum data from birth facilities across the state
2. Standardize a feedback loop for assessing attendance at postpartum visits
3. Identify the Perinatal Community Collaborative associated with the birth facility
4. Complete a County-level data review to identify maternal health disparities in the community
5. Identify Postpartum Care Team members
6. Receive free regional trainings on maternal health topics specific for birth facilities
7. Begin building multidisciplinary partnerships with community agencies to aid in coordination and collaboration of services
8. Enroll in the AIM safety bundle for Postpartum Transitions, Fall 2021

For questions or further information on FTI please contact:

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# Fourth Trimester Initiative Driver Diagram 1



# Fourth Trimester Initiative Driver Diagram 2

