Diag 1

KPQC Goals & Initiatives

Kansas is the best place to birth, be born, & to raise a family

Prevent Perinatal Morbidity & Mortality

Prevent Infant Morbidity & Mortality

Improve Maternal Health (See Diagram 2)

Improve Maternal Care

Improve Infant Care

Fourth Trimester Initiative

NAS Initiative
Diagram 2

KPQC Maternal Health Driver Diagram

- Improve Maternal Health
- Preconception & Interconception Health
- Pregnancy Health
- Birth/Immediate PP Care
- Postpartum Transition: Fourth Trimester Initiative
- Maternal Physical & Mental Health
- Postpartum Care Plan “Mom Plan”
- Integrated Postpartum Visit
By September 2022, the documented attendance rate of a visit with the OB provider within 12 weeks postpartum will exceed 60%

**AIM Goal**

**Performance Measures**

1. Enroll Birth Facilities in FTI
2. Obtain Birth Facility birth numbers, including race demographics
3. Track rate of Postpartum Patients with Visits scheduled prior to discharge (<12 weeks PP)
4. Track Birth Center Postpartum Care Team formation
5. Identify county-level maternal health risk factors
6. Obtain Baseline Maternal Mental Health & Maternal Warning Signs policies

**Primary Drivers**

**Optimal Maternal Physical & Mental Health**

**Secondary Drivers**

**Maternal Physical Health**
1. Screen/Treat/Education/Referral
   a) KDHE Maternal Warning Signs (AWHONN POST-BIRTH)
   b) Maternal Hypertensive Disorders
2. Breastfeeding
3. Reproductive Life Planning
4. PP Visit Appt & Attendance (ACOG schedule)
5. PP Care Plan (see Primary Driver “PP Care Plan”)
6. PP Care Team
7. Circle of Care: Referral Network

**Maternal Mental Health**
1. KDHE Maternal Mental Health Toolkit (Inpt/Outpt)
2. MAVIS project

**Social Determinants of Health**
- Social
- Structural
- Health Equity
- Trauma Informed Care
- Implicit Bias Training

**Integrated (Comprehensive) Postpartum Visits**

**Postpartum Care Plan**

**Standardized Comprehensive PP Visit**

**Comprehensive Standardized PP Visit Template**

**ACOG PP Visit Schedule**

1. Standardized PP Discharge Summary
2. PP Visit Appointment
3. PP Care Plan
   a) Self Care
   b) Risk Assessment & Referral
   c) PP Care Team
   d) Antepartum/IP-PP: review/update
   e) Social Determinants
   f) MWS Toolkit, include POST-BIRTH
   g) Patient ID & Presence of Support Person/Team
4. PP Care Team
5. Circle of Care: Referral Network
6. “Mom Plan”

**Standardized Screenings at PP Visits**

1. KDHE Maternal Warning Signs (AWHONN POST-BIRTH)
2. Maternal Hypertensive Disorders
3. Maternal Medical Risks (KDHE defined)
4. Review Standardized DC Summary
5. Patient ID & Presence of Support Person

**Navigation**

1. Circle of Care: Referral Network
5. PP Care Plan: Review & Update
6. PP Care Team
   a) Add Peds/ER/Fam Practice/Urgent Care
8. Comprehensive Well Woman Exam Toolkit
9. Insurance Reimbursement
KPQC Maternal Health: Best Practice Models

**Period**

- **Preconception & Interconception Health**
  - Healthcare Access
  - Comprehensive Well Woman Visit
  - Immunizations
  - Insurance
  - Prenatal Vitamins
  - Chronic Disease Prevention
  - Mental Health/SUD treatment

- **Pregnancy Health**
  - Primary OB Care
  - Care Team: Navigation, Referrals
  - KDHE Mental Health Toolkit
  - KDHE MWS Toolkit
  - Healthcare Literacy
  - Nicotine Use, SUD
  - Obesity
  - Abuse, Neglect
  - Chronic Disease (DM, HTN, Thyroid, Asthma)
  - PCP ID
  - Nutrition
  - Insurance
  - Transportation
  - Housing
  - Sig Other/Support

- **Birth/Immediate PP Care**
  - MOM
    - PP Hemorrhage Bundle, Maternal Hypertensive Bundle
    - MWS Toolkit: Bleeding, Infection, HTN, Breastfeeding, AWHONN POST-BIRTH Warning s/s, Social Determinants, etc
    - Patient POC "Mom Plan"
    - PP Care Team/Discharge Planning: Family Planning, Mental Health, Breastfeeding, MWS Warning Signs, ACOG Appt schedule
    - Maternal Warning Signs Toolkit: Standardized screening, referral
    - SO/Support system

  - BABY
    - Infant Care/Peds Provider
    - Car Seat
    - Safe Sleep
    - Shaken Baby Syndrome
    - Breastfeeding

- **Postpartum Transitions**
  - Fourth Trimester Initiative
    (See Diagram 3)

(See Diagram 3)