Trainings, Toolkits, Groups:

1. KPQC Network & KDHE/KCC Resources link: [Mental Health | KDHE, KS](#)


3. Shades of Blue (they have a variety of online support for brown and black birthing people including an infant loss group): [Online Support Groups | Shades of Blue (shadesofblueproject.org)](#)

4. Legacy Star Foundation (variety of resources including support groups for perinatal loss): [Star Legacy Foundation: Stillbirth Education, Research and Awareness](#)

5. KIDS Network of Kansas (various support for people who have been impacted by infant loss and/or SIDS): [Home (kidsks.org)](#)

6. Advent Health Shawnee Mission Pregnancy & Infant Loss Peer Support Group and Facebook page

Support Groups in KC area:

1. Alexandra's House
2. KC HOPE Ministries
3. Solace House
4. You Made Me Mom
5. Miscarriage & Infertility Support group at Church of Ascension
6. Pregnancy & Infant Loss Support Group at OPR main hospital
7. The Compassionate Friends
Books:

1. "Empty Arms" by Pam Vredevelt
2. "Saying Goodbye" by Zoe Clark-Coates
3. "Tear Soup" by Pat Schwiebert - good for adults and kids
4. "It's Ok That You’re Not Ok" - by Megan Devine

Resources for Providers:
Kansas Connecting Communities Website kansasmch.org/kcc.asp
Provider Consultation Line for Behavioral Health: KCC Psychiatric Consultation Care Coordination | KMCH (kansasmch.org)
Call (833) 765-2004 or submit a form: Psychiatric Consultation & Care Coordination (google.com)

Resources for Patients:
Postpartum Support International www.postpartum.net
Call the PSI HelpLine: 1-800-944-4773 #1 En Español or #2 English
Text “Help” to 800-944-4773 (EN) Text en Español: 971-203-7773

Kansas Moms in Mind Consultation Clinics upcoming meetings:
Meeting Registration - Zoom
Mar 8, 2022 12:00 PM
Mar 22, 2022 12:00 PM
Apr 12, 2022 12:00 PM
Apr 26, 2022 12:00 PM
May 10, 2022 12:00 PM
May 24, 2022 12:00 PM