

Trainings, Toolkits, Groups:

1. KPQC Network & KDHE/KCC Resources link: [Mental Health | KDHE, KS](#)
2. Postpartum Support International (PSI) (includes resources, direct peer support, online support groups): <https://www.postpartum.net/get-help/loss-grief-in-pregnancy-postpartum/>
3. Shades of Blue (they have a variety of online support for brown and black birthing people including an infant loss group): [Online Support Groups | Shades of Blue \(shadesofblueproject.org\)](#)
4. Legacy Star Foundation (variety of resources including support groups for perinatal loss): [Star Legacy Foundation: Stillbirth Education, Research and Awareness](#)
5. KIDS Network of Kansas (various support for people who have been impacted by infant loss and/or SIDS): [Home \(kidsks.org\)](#)
6. Advent Health Shawnee Mission Pregnancy & Infant Loss Peer Support Group and Facebook page

Support Groups in KC area:

1. Alexandra's House
2. KC HOPE Ministries
3. Solace House
4. You Made Me Mom
5. Miscarriage & Infertility Support group at Church of Ascension
6. Pregnancy & Infant Loss Support Group at OPR main hospital
7. The Compassionate Friends



February 22, 2022 Learning Forum Shared Resources/Links

Books:

1. "Empty Arms" by Pam Vredevelt
2. "Saying Goodbye" by Zoe Clark-Coates
3. "Tear Soup" by Pat Schwiebert - good for adults and kids
4. "It's Ok That You're Not Ok" - by Megan Devine

Resources for Providers:

Kansas Connecting Communities Website kansasmch.org/kcc.asp

Provider Consultation Line for Behavioral Health: [KCC Psychiatric Consultation Care Coordination | KMCH \(kansasmch.org\)](https://www.kansasmch.org/kcc/psychiatry)

Call (833) 765-2004 or submit a form: [Psychiatric Consultation & Care Coordination \(google.com\)](https://www.kansasmch.org/kcc/psychiatry)

Resources for Patients:

Postpartum Support International www.postpartum.net

Call the PSI HelpLine: 1-800-944-4773 #1 En Español or #2 English

Text "Help" to 800-944-4773 (EN) Text en Español: 971-203-7773

Kansas Moms in Mind Consultation Clinics upcoming meetings:

[Meeting Registration - Zoom](#)

Mar 8, 2022 12:00 PM

Mar 22, 2022 12:00 PM

Apr 12, 2022 12:00 PM

Apr 26, 2022 12:00 PM

May 10, 2022 12:00 PM

May 24, 2022 12:00 PM