



**Mom's Name:** \_\_\_\_\_

**Date of Delivery:** \_\_\_\_\_ Vaginal Birth C-Section Birth

**Complications in pregnancy:** Asthma Diabetes  
Depression/Anxiety Hypertension Thyroid Disease

**Other:** \_\_\_\_\_

**Medications at discharge:** \_\_\_\_\_

**Upcoming Appointments:**

**Date:** \_\_\_\_\_ **Time:** \_\_\_\_\_ **With:** \_\_\_\_\_

**Date:** \_\_\_\_\_ **Time:** \_\_\_\_\_ **With:** \_\_\_\_\_

**Date:** \_\_\_\_\_ **Time:** \_\_\_\_\_ **With:** \_\_\_\_\_

**What happens at a Postpartum Check?**

<https://www.marchofdimes.org/pregnancy/your-postpartum-checkups>

**Baby's Name:** \_\_\_\_\_

Term Preterm \_\_\_\_\_ weeks

**Birth Weight:** \_\_\_\_\_ **Birth Length:** \_\_\_\_\_

**Infant Feeding:** Breast Milk Formula Both

**Upcoming Appointments:**

**Date:** \_\_\_\_\_ **Time:** \_\_\_\_\_ **With:** \_\_\_\_\_

**Date:** \_\_\_\_\_ **Time:** \_\_\_\_\_ **With:** \_\_\_\_\_