

# Maternal Mental Health

Resources for Workflow 5.22



Patient's perspective  
*Every door can be a connection to access help.*

Provider's perspective  
*Every provider is responsible to ensure that patients are screened and connected with treatment that they choose.*

**RN Administer EPDS on PP Day 1.**

Give directions on EPDS completion  
Collect completed EPDS, and score.

**CRISIS**

If patient is in active crisis, follow hospital protocol for managing psychiatric crisis, notify social work and on-call OB.

**EPDS <10 and negative #10.**

Check for additional symptoms.  
Provide pt. education at discharge.  
Document score and interventions.

**EPDS 10-12 and negative #10.**

Check for additional symptoms and gather additional information.  
Provide pt. education at discharge.  
Offer pt. connection with hospital social worker.  
Document score and interventions.

**EPDS 13-30 and/or positive #10.**

Check for additional symptoms and gather additional information.  
Complete SI/HI risk assessment and follow hospital policy per score results.  
Begin Social Work Consult and document plan for follow-up.

**Additional Info**

Does the patient...  
Have a current mental health provider?  
An appointment set up with that provider?  
Have adequate family/partner support?  
Concerns about DV?  
Have basic needs met (housing, food)?

**Follow-Up**

***For all patients scoring between 10-30: Follow up within 48 hours of discharge via phone.***  
Re-screen using the EPDS at this time and request an update of follow-through with any referrals made before discharge.

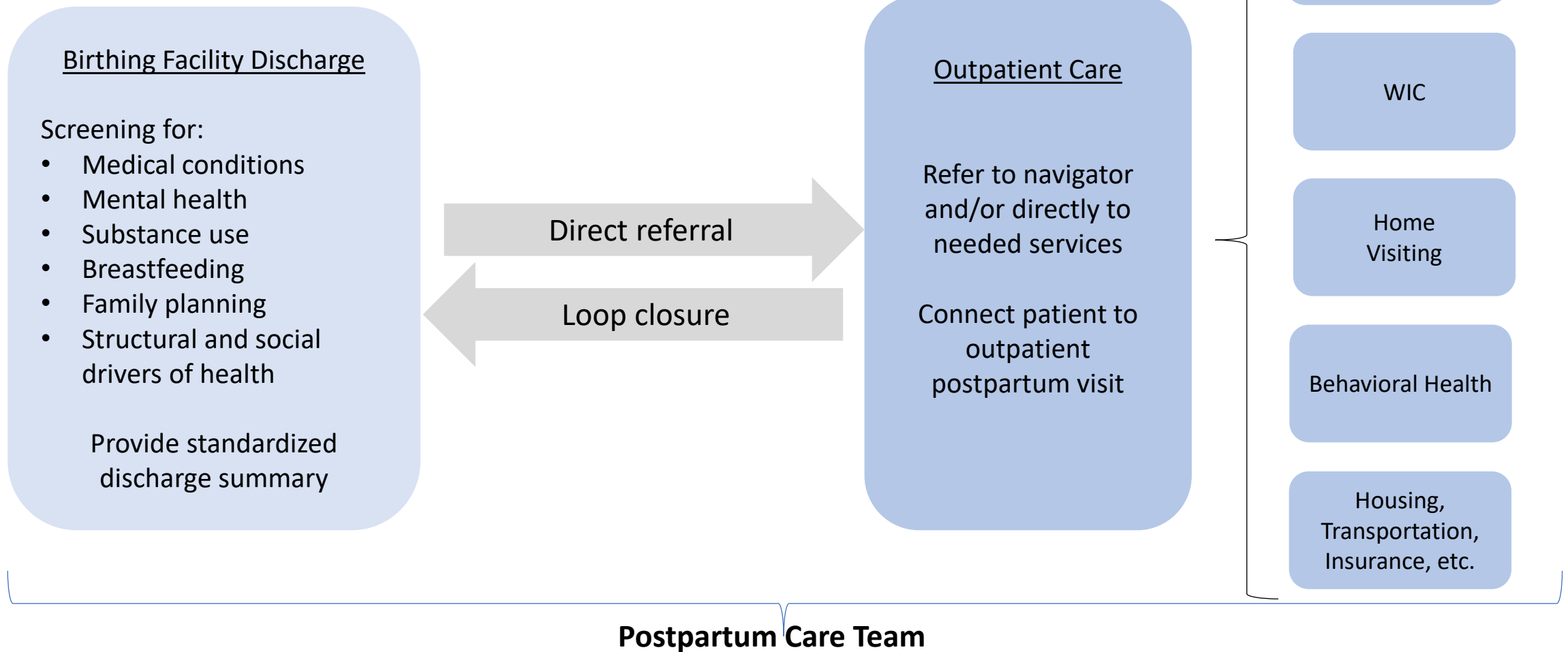
**No/Low Suicide Risk**

Provide pt. education  
Make warm handoff to social work  
Offer to facilitate referral for outpatient psych care  
Notify on-call OB

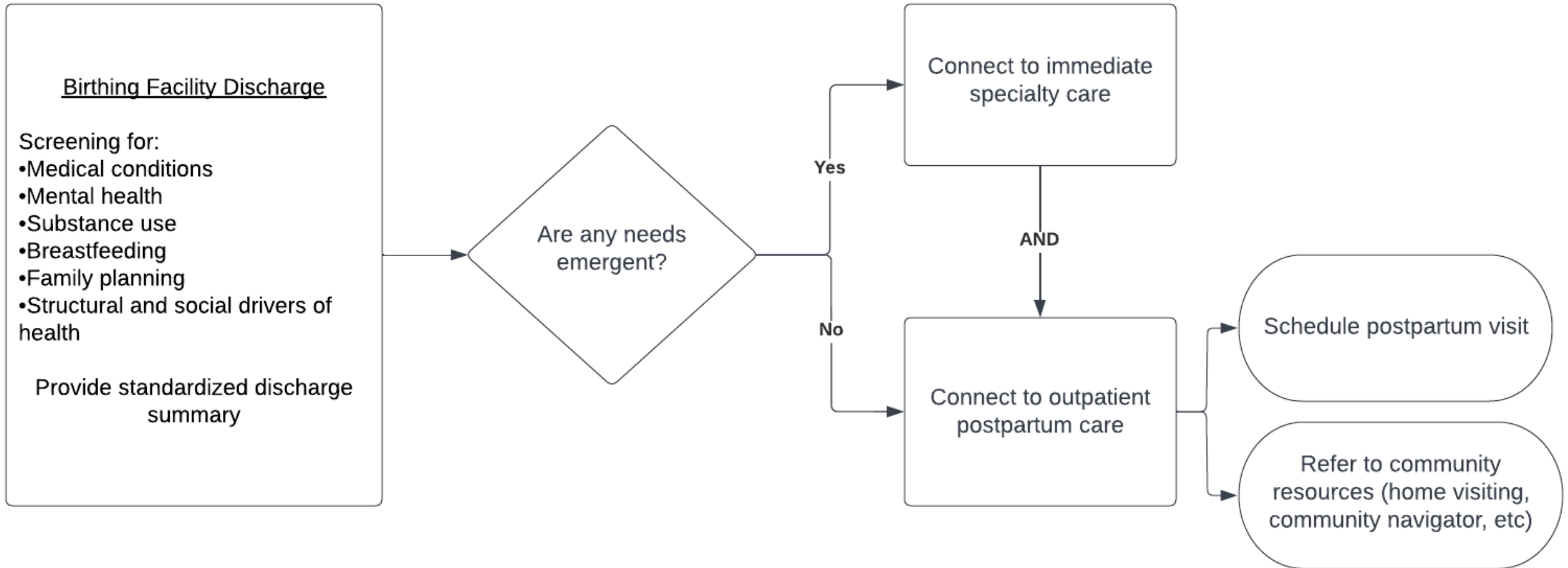
**Medium/High Suicide Risk**

Request assistance from behavioral health crisis team and request mental health exam.  
Notify attending OB.

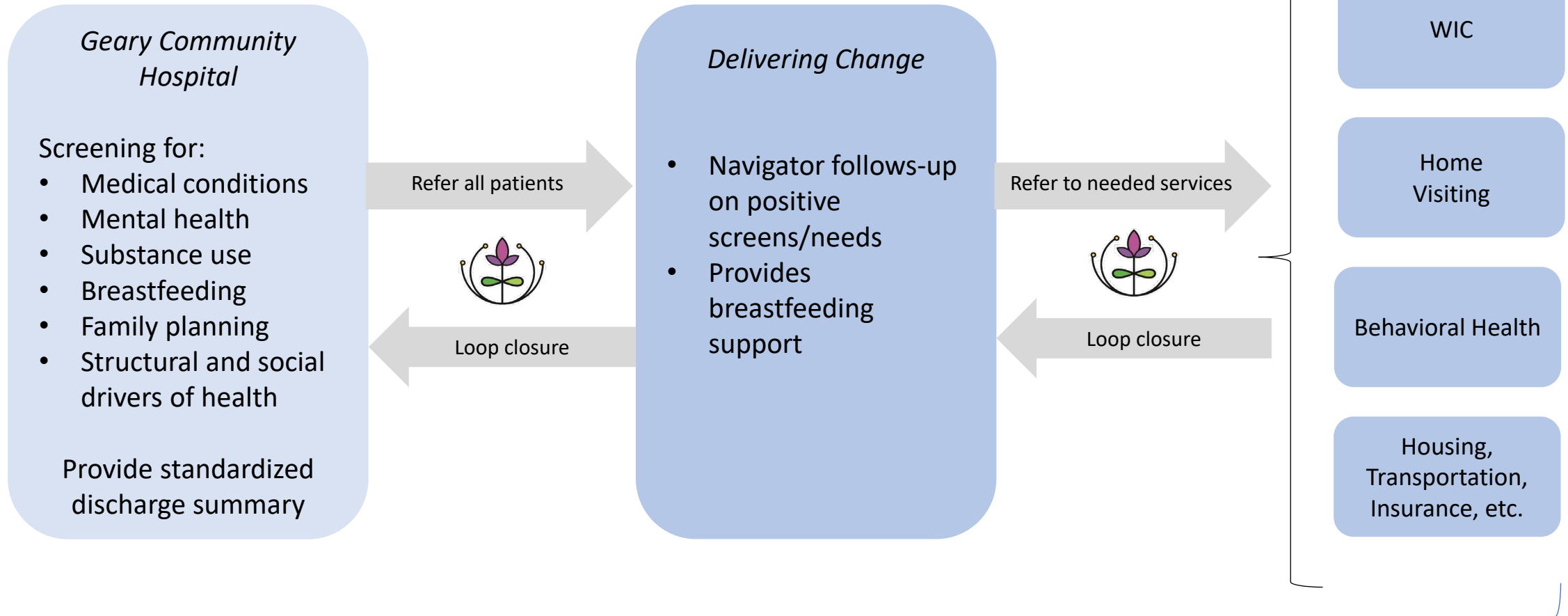
# Postpartum Discharge Referral Workflow



# Postpartum Discharge Referral Algorithm



# Spotlight: Geary Community Hospital



**Postpartum Care Team**