August 2022 Learning Forum
KPQC/KDHE Site Visits
Maternal Mental Health

As of 9/30/22, all FTI facilities/centers will be included in Kansas Connecting Communities technical assistance.

Current FTI MMH Technical Assistance Facilities/Centers - No changes!
- Continue to submit screening data quarterly for CQI & receive stipend.
- Continue to complete annual surveys.
- Continue to participate in training & TA events.

All other FTI Facilities/Centers - Now will have access to...
- Small group technical assistance workshops that delve into specific pieces of screening implementation, including policy development, referral process, and patient interventions.
- One-on-one technical assistance as needed to implement perinatal behavioral health screening at your organization.
- Option to provide KCC with quarterly screening data and receive a $500/quarter stipend for submitting data and engaging in data-driven continuous quality improvement.
  - Limited stipends are available, so if you’re interested, let us know ASAP!

Have questions? Email kcc@ku.edu
KCC Data Due Dates

**Now**

*ONLY for facilities/centers currently submitting quarterly screening data!*

Due by Friday, **September 16th**
- Year 5 Clinic Acknowledgement
- Watch for an email from KCC with the link or use the QR code to complete!

**Soon**

**October 2022** - JBS Annual survey
- Required for our federal grant funding
- Provides our funders with feedback about your experience with KCC
- There will be an incentive for completing the survey

**November 2022** - TA Needs Assessment
- We use this feedback to plan topics for training and TA sessions throughout the year
Rapid Response: MMH

1-833-9-HELP4MOMS – National Maternal Mental Health Hotline

24/7, Free, Confidential Hotline for Pregnant and New Moms in English and Spanish

The National Maternal Mental Health Hotline can help. Call or text 1-833-9-HELP4MOMS (1-833-943-7466). TTY users can use a preferred relay service or dial 711 and then 1-833-943-7466.

⚠️ If you are in suicidal crisis, please call or text 1-800-273 TALK (1-800-273-8255) or visit the National Suicide Prevention Lifeline website.
Rapid Response: EMS Triage

Heather Scrutun update: Spoke with
  ◦ Joe House, Director of Kansas Board of EMS

Have agreed to include a simple screening question:

“Are you pregnant now or have you been pregnant in the past 12 months?”

+ will prompt the EMT/paramedic to inform the accepting provider in the ED
Rapid Response: New KDHE resource!

- For digital copies: Terrah
- For printed copies: Drew (Drew.Duncan@ks.gov)
MMH Update

- Maternal Mental Health TA sites saw 1,692 patients for delivery.
- Community HealthCare System joined the MMH TA cohort!
- 17 providers representing 11 FTI sites attended Kansas Moms In Mind (KMM) Care Consultation Clinic sessions.
- 4 providers representing 3 FTI sites attended the Lactation & Perinatal Mood and Anxiety Disorders ECHO series webinar.

**Data Highlights**

- FTI MMH TA sites are screening at higher rates than the average of all other KCC enrolled organizations.
  - Anxiety: 29.7% percentage points higher
  - Depression: 65.6% percentage points higher
- FTI MMH TA sites have a 96.7% referral rate for positive screens.
In every patient, in every birth setting, in every protocol:

- **Maternal Warning Signs**
  1. POSTBIRTH Education & Recognition
  2. Identify Medical Red Flags prior to discharge, PP Appt

- **Maternal Mental Health**

- **PP Appointment(s)** prior to discharge

- **Breastfeeding**
  - High 5 for Mom & Baby, Baby Friendly

- **Family Planning**

- **SSDOH**

- **PP Care Team**: Pt included
  - Who? How? When?

- Pt debriefs for Adverse Outcome Events

- **ED/EMS Triage** (Universal question, POST-BIRTH, ACOG Algorithms)

- **Link Up!** (MCH, Outpatient clinics, etc)
In every patient, in every birth setting, PRIOR to discharge:

- PP Appt made prior to DC
- PP Care Team, as indicated
- Referral to Navigator, as indicated
- Screenings completed
  - SDOH
  - Mental Health
  - Medical risks
  - Breastfeeding
  - Fam Planning
- Referrals Made
  - SDOH
  - Mental Health
  - Medical indications
  - Breastfeeding
  - Fam Planning
- Standardized Discharge Summary
## KPQC Fourth Trimester Initiative
### Champion Timeline

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<th>FIT Project</th>
<th>Start</th>
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<th>May</th>
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<td>May 24, 2022</td>
<td>Sept 30, 2022 (check in June 2022, July 2022)</td>
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Check in with Sally & Stuart

- Kansas Hospital Association- Qhi reporting
Sharla Smith, PhD. MPH
Associate Professor, Department of Population Health
Director of Birth Equity, Department of Obstetrics & Gynecology
Founder & Director, Kansas Birth Equity Network
University of Kansas Medical Center
Mission
To use a community centered approach to create solutions that improve Black maternal, paternal, and infant health in Kansas through training, research, healthcare, and advocacy

• Vision
  a. KBEN Vision: Every Black mom, dad, and infant receive quality and intentional prenatal, neonatal, and postpartum care in the state of Kansas
  a. CD366 Vision: *Every Black birthing person, dad, partner, and baby celebrates the baby’s first birthday*
BIRTH EQUITY TRAINING

• **Purpose:**
  
  • Provide an overview of Black maternal health and the need for birth equity.
  
  • Gain understanding of the various factors that contribute to African American maternal and infant health and the mechanisms that aid in obtaining equity.
  
  • The achievement of this understanding will come from African American women and their birth stories, public health field experts, community advocates, and current health data.
AGENDA

• Check In
  • Modules 4, 5, 6
• Discussion
  • Kari Smith
• Action Items
• Questions/Comments

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<td>3</td>
<td>Community Engagement</td>
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<td>The Uncomfortable Truth of Bias</td>
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<td>5</td>
<td>The Black Postpartum Experience</td>
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<td>Respectful Maternal Care</td>
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CHECK IN

Which modules have you completed?

*Respond to the poll: pollev.com/oobi*
Module 4 – The Uncomfortable Truth of Bias

- This module discusses bias and includes panel discussions with Black fathers and mothers.

- What stood out to you from the conversations that you listened to?

  - Respond at pollev.com/oobi
In this module, you heard from experts on maternal mental health, efforts to support Black breastfeeding in Wyandotte County, & from a doula on her experiences and efforts to provide postpartum support.

What can you/your organization do to improve postpartum support for the families you take care of?

Respond at pollev.com/oobi
In this module, you learned about the Stop, Look, Listen, & Think Campaign informed by community members in the Kansas Birth Equity Network.

- In what ways can you encourage your organization to Stop, Look, Listen, & Think to ensure respectful maternal care?

- **Respond at pollev.com/oobi**
DISCUSSION

Kari Smith, Clinical Nurse Educator, Advent Health Shawnee Mission

- What were some of your AHA moments while completing the Birth Equity Curriculum
- What next steps are you thinking about for you and for your clinic?
CONGRATULATIONS!

**Curriculum Completions**
- Kari Smith
- Katie Kufahl
- Kayla Schroeder
- Chelsea James
- Jessica Seib
- Brenda Blankenship
- Dana Deters
- Melissa "Missy" Mourek
- Kimberley Brey
- Kimberlee Dick

**In-Progress**
- Jessica Gier
- Taylor Bertschy
- Toni Carter
- Emily Hester
- Jessica Wasson
- Kristin Perez
ACTION ITEMS

Deadline: August 31st
Complete all 6 modules & the curriculum evaluation

Contact:
Email: kben@kumc.edu
Call/Text: (916) 672-2005
BIRTH EQUITY SUMMIT

September 9th, 2022
9am – 12:30pm
In-Person & Online
Free to attend!

Register: https://cvent.me/2OWYw1
**COVID-19 & PREGNANCY**

**COVID-19 Vaccination & Pregnancy**

**Protect your baby.**
If you are vaccinated during pregnancy, your baby will be protected for the first six months of life from COVID-19.

**Protect your family.**
Evidence has shown that fully vaccinated individuals carry the virus for less time, reducing the risk transmission to family members.

**Protect yourself.**
Contracting COVID-19 while pregnant can increase the risk of severe illness including hospitalization and use of a ventilator.

**COVID-19 Vaccination & Pregnancy**

- Over 200,000 pregnant people have safely received an mRNA vaccine with no concerns.
- COVID-19 mRNA vaccines (Moderna & Pfizer) do not contain live virus and will not make you sick with COVID-19.
- Pregnant people have reported no additional vaccine side effects than those who are not pregnant. The most common side effects include injection site reactions, fatigue, and chills.
- Vaccination during pregnancy can help protect babies younger than 6 months from COVID-19.

Developed with community members & stakeholders in KBEN.

If this is helpful for your patient population, please let us know. We are happy to mail printed copies.
QUESTIONS/COMMENTS
Kansas Perinatal Quality Collaborative

GENERAL MEETING

11.15.2022

Meeting details coming soon!
Next Learning Forums

Sept 27: Maternal Anti-Violence Innovation and Sharing (MAVIS)

Oct 25

https://us02web.zoom.us/meeting/register/tZAkfuqhqTgqH9f7RnFy6H0Nph0CaKqXNT4N